



American  
Heart  
Association.

HEARTSAVER®

# CHILD CPR AED



1. Tap and shout.
2. Shout for help. Phone 9-1-1 and place phone on speaker mode so you can talk to the dispatcher, or send someone else to phone 9-1-1 and get an AED.\*
3. Look for no breathing or only gasping.
4. Push hard and fast in the center of the chest. Give 30 compressions.
  - Push straight down at least one third the depth of the chest, or approximately 2 inches.
  - Give 100 to 120 compressions per minute.
  - Let the chest come back up to its normal position.
  - Try not to interrupt compressions for more than 10 seconds.
5. Open the airway and give 2 breaths.
6. Repeat sets of 30 compressions and 2 breaths.
7. When the AED arrives, use it immediately. Turn it on and follow the prompts.

\*If you are alone and do not have a phone, give 5 sets of 30 compressions and 2 breaths. Then, go phone 9-1-1 and get an AED. Return and continue CPR.