

BECOME AN AMERICAN HEART ASSOCIATION INSTRUCTOR



The American Heart Association is always seeking professionals to conduct training in first aid, CPR AED, and advanced cardiovascular care. If you are passionate about saving lives, motivated to facilitate learning, feel comfortable in group settings, and find it easy to make complex concepts understandable to others, you may be a perfect candidate.

Successful Instructors can be healthcare professionals, first responders, or community members. Many of our 400,000 plus Instructors enjoy careers in nursing EMS, education, health and fitness, and corporate safety.

What do Instructors do?

AHA Instructors have an important job. Their responsibilities include:

- Delivering standardized curricula
- Working closely with students
- Providing coaching and feedback
- Validating skills practice sessions
- Testing students and providing remediation

How can I become an AHA Instructor?

The steps are simple:

1. Be accepted by a local AHA Training Center before enrolling in an Instructor Course and have a completed Instructor Candidate Application on file with that Training Center.
2. Have current AHA provider status in the discipline for that Instructor Course and be proficient in all the skills of that discipline. Disciplines include Heartsaver®, BLS, PEARS®, PALS, ACLS and ACLS EP.
3. Successfully complete the discipline-specific classroom Instructor Course.
4. Successfully be monitored teaching your first course within six months of completing the discipline-specific classroom Instructor Course. Training Center Coordinators may require additional monitoring.

Once you become an Instructor

You will have access to the most current emergency cardiovascular care science, course updates, training resources, and tools through the online AHA Instructor Network. You will also be able to list your classes on the AHA's **CPR.Heart.org** website to reach more students.

To learn more about becoming an AHA Instructor, contact a local AHA Training Center by searching at **heart.org/findacourse**