

Change Notice

Heartsaver First Aid CPR AED Instructor Manual

Print ISBN 978-1-61669-430-2, AHA Product Number 15-1023
 eBook ISBN 978-1-61669-511-8, AHA Product Number 15-3114

Print Page Number	Location	Original Text	Change	When Change Was Made
27	Part 3, in the section “Application for CE/CME”		{Delete all 5 paragraphs in this section and replace with the following.} Heartsaver online courses may offer continuing education credit. Students can claim credit after they have completed the online portion of the course. Instructions for claiming credit are provided upon completion.	At next printing or update after 3/11/2016
28	Part 3, in the section “Challenge Option”		{The entire section "Challenge Option" was deleted.}	At next printing or update after 3/11/2016
46	Part 4, in the section “Understanding the Infant CPR Skills Testing Checklist” in the row “Infant Compressions,” last paragraph	<i>Tip:</i> To help students achieve adequate compression depth and to minimize fatigue, instruct them to perform chest compressions with their elbows locked and their shoulders over the manikin.	{This paragraph was deleted. Text was not reflowed from page 47.}	At next printing or update after 4/4/2016
52	Part 4, in the section “Understanding the First Aid Skills Testing Checklist,” in the row “Using the Epinephrine Pen,” under the bold heading “Script”	Demonstrate what you would do next.	You have read the manufacturer’s instructions, which state to inject for 3 seconds. Demonstrate what you would do next.	At next printing or update after 4/28/2017
52	Part 4, in the section “Understanding the First Aid Skills Testing Checklist,” in the row “Using the Epinephrine Pen,” the bold heading “Presses Epinephrine Pen Firmly...”	Presses Epinephrine Pen Firmly Against Outer Side of Thigh for 10 Seconds	Holds Leg in Place; Presses Epinephrine Pen Firmly Against Outer Side of Thigh for 3 Seconds	At next printing or update after 4/28/2017

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52	Part 4, in the section “Understanding the First Aid Skills Testing Checklist,” in the row “Using the Epinephrine Pen,” under the bold heading “Holds Leg in Place...”	The student presses the epinephrine pen firmly against the outer side of the person’s thigh, halfway between the hip and knee, and holds the pen in place for about 10 seconds.	The student holds the leg firmly in place just before and during the injection. The student presses the epinephrine pen firmly against the outer side of the person’s thigh, halfway between the hip and knee, and holds the pen in place for about 3 seconds.	At next printing or update after 4/28/2017
54	Part 4, Heartsaver First Aid, First Aid Skills Testing Checklist, in the scenario just above “Using an Epinephrine Pen”	Demonstrate what you would do next.	You have read the manufacturer’s instructions, which state to inject for 3 seconds. Demonstrate what you would do next.	At next printing or update after 4/28/2017
54	Part 4, Heartsaver First Aid, First Aid Skills Testing Checklist, under “Using an Epinephrine Pen”	Presses epinephrine pen firmly against outer side of thigh for 10 seconds	Holds leg in place; presses epinephrine pen firmly against outer side of thigh for 3 seconds	At next printing or update after 4/28/2017
54	Part 4, Heartsaver First Aid, First Aid Skills Testing Checklist, at the bottom of the page	© 2016 American Heart Association	© 2017 American Heart Association	At next printing or update after 4/28/2017
55	Part 4, under the section “Instructor Training and Renewal,” the section “Maintaining Instructor Status”		{Replace the entire section with the document attached to this PDF.}	At next printing or update after 7/21/2017
Part 5: page 64	Lesson 2: First Aid Basics: Duties and Key Steps, first paragraph, second sentence under “Test: Removing Protective Gloves”	This is found in “Part 3: Testing and Remediation” in the Instructor Manual.	This is found in “Part 4: Additional Resources” in the Instructor Manual.	At next printing or update after 3/11/2016
Part 5: page 65	Lesson 2: First Aid Basics: Duties and Key Steps, first paragraph, second sentence under “Test: Finding the Problem”	This is found in “Part 3: Testing and Remediation” in the Instructor Manual.	This is found in “Part 4: Additional Resources” in the Instructor Manual.	At next printing or update after 3/11/2016

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Part 5: page 68	Lesson 4: Medical Emergencies, in the third dash bullet under “Students Practice: Using an Epinephrine Pen”	Presses epinephrine pen firmly against outer side of thigh for 10 seconds	Holds leg in place; presses epinephrine pen firmly against outer side of thigh for 3 seconds	At next printing or update after 4/28/2017
Part 5: page 68	Lesson 4: Medical Emergencies, first paragraph, second sentence under “Test: Using an Epinephrine Pen”	This is found in “Part 3: Testing and Remediation” in the Instructor Manual.	This is found in “Part 4: Additional Resources” in the Instructor Manual.	At next printing or update after 3/11/2016
Part 5: page 72	Lesson 6: Injury Emergencies, first paragraph, second sentence under “Test: Controlling Bleeding and Bandaging”	This is found in “Part 3: Testing and Remediation” in the Instructor Manual.	This is found in “Part 4: Additional Resources” in the Instructor Manual.	At next printing or update after 3/11/2016
Part 6: page 23	Lesson 9: First Aid, in first dashed bullet under the second round bullet in the section “Instructor Tips”	The First Aid Skills Testing Checklist is found in “Part 3: Testing and Remediation” in the Instructor Manual.	The First Aid Skills Testing Checklist is found in “Part 4: Additional Resources” in the Instructor Manual.	At next printing or update after 3/11/2016
Part 6: page 24	Lesson 9: First Aid, in the third dash bullet under under “Students Practice: Using an Epinephrine Pen”	Presses epinephrine pen firmly against outer side of thigh for 10 seconds	Holds leg in place; presses epinephrine pen firmly against outer side of thigh for 3 seconds	At next printing or update after 4/28/2017

**Maintaining
Instructor Status**

Your instructor status must be renewed by a Training Center Faculty. You can renew your status by meeting all of the following criteria or by successfully completing all requirements for a new instructor.

- Maintain current provider status. You can do this by maintaining a current provider card or by demonstrating exceptional provider skills to a Training Center Faculty and by successfully completing the provider exam.
- If you choose the demonstration route, successful completion must be documented on the Instructor/Training Center Renewal Checklist. A new provider card may be issued at the discretion of the Training Center or if you request one, but it is not required by the AHA.
- Earn 4 credits every 2 years of your instructor recognition by doing any combination of the following:
 - Teach an instructor-led Heartsaver course. Each course counts as 1 credit.
 - Conduct the hands-on session of a Heartsaver blended-learning course. Each day of hands-on sessions counts as 1 credit.
 - Facilitate a Family & Friends® course. Each course counts as 1 credit.
- Attend updates as required within the previous 2 years. Updates may address new course content or methodology and review Training Center, regional, and national ECC information.
- Be monitored while teaching before instructor status expiration. The first monitoring after the Instructor Essentials Course does not satisfy this requirement.