

# HANDS-ONLY CPR

CPR can double or even triple a person's chance of survival.

#CPR SAVES LIVES



## LEARN THE TWO SIMPLE STEPS:

1. Call 911
2. Push hard & fast in the center of the chest

2 STEPS  
TO SAVE  
A LIFE

CPR WEEK JUNE 1-7



American  
Heart  
Association®

life is why™

[heart.org/handsonlycpr](http://heart.org/handsonlycpr)