Hands-Only CPR

CPR CAN DOUBLE OR EVEN TRIPLE A PERSON’S CHANCE OF SURVIVAL

Learn the two simple steps:

1. Call 911

2. Push hard & fast in the center of the chest

To learn, watch the 90-second Hands-Only CPR video at heart.org/handsonlycpr

CPR WEEK IS JUNE 1-7

#CPRSAVESLIVES