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BLS Provider Course

Date of release	October 22, 2025
Purpose	To provide direction and information on updates to the American Heart Association's Basic Life Support (BLS) Provider Course as well as training options for health care professionals who need to complete BLS training. Instructors should provide the "2025 Interim Training Materials: <i>BLS Provider Manual Changes</i> " document (available on Atlas.Heart.org) to students using 2020 course materials from October 22, 2025, through February 28, 2026. Instructors should use the "2025 Interim Training Materials: <i>BLS Lesson Plan Changes</i> " document (available on Atlas.Heart.org) when using the 2020 Instructor materials from October 22, 2025, through February 28, 2026.
General information	The BLS Provider Course has been updated to meet the recommendations in the <i>2025 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care</i> . The American Heart Association has developed new BLS course materials that will aid in providing quality and consistency in all BLS courses.
Course information for Training Centers and instructors	• Effective March 1, 2026, only new course materials can be used for conducting all BLS courses. • The BLS Provider Course can be taught by current BLS Instructors. Instructors must complete the 2025 BLS Instructor Update Course available on elearning.heart.org before teaching with new course materials. BLS Instructors who also teach Heartsaver are encouraged, but not required, to complete the 2025 Heartsaver Instructor Update Course available on elearning.heart.org before teaching new course materials. • Training Centers and instructors may continue to use previous stock of 2020 products with the interim materials posted on Atlas through February 28, 2026. • Appropriate course completion cards must be issued for the course materials being used. If the 2020 BLS materials are used without the interim materials, the old card must be issued. If the interim materials or 2025 BLS materials are used, the new card must be issued. • Training Center Coordinators can obtain updated exams for 2025 Guidelines courses through ShopCPR.Heart.org or Atlas. • Instructors are strongly encouraged to complete the 2025 BLS Product and Course Orientation available on elearning.heart.org. The BLS Product and Course Orientation was created to aid instructors in understanding the new course design and teaching strategies. • All BLS Instructors must have a current copy of the <i>BLS Instructor Manual</i> for the course being taught.