



TRAINING MEMO

PALS Provider Course

Date of release	October 22, 2025
Purpose	To provide direction and information on updates to the American Heart Association's Pediatric Advanced Life Support (PALS) Provider Course as well as training options for health care professionals who need to complete PALS training. Instructors should provide the "2025 Interim Training Materials: <i>PALS Provider Manual Changes</i>" document (available on Atlas.Heart.org) to students using 2020 course materials from October 22, 2025, through February 28, 2026. Instructors should use the "2025 Interim Training Materials: <i>PALS Lesson Plan Changes</i>" document (available on Atlas.Heart.org) when using the 2020 Instructor materials from October 22, 2025, through February 28, 2026.
General information	The PALS Provider Course has been updated to meet the recommendations in the <i>2025 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care</i>. The American Heart Association has developed new PALS course materials that will aid in providing quality and consistency in all PALS courses.
Course information for Training Centers and instructors	• Effective March 1, 2026, only new course materials can be used for conducting all PALS courses. • The PALS Provider Course can be taught by current PALS Instructors. Instructors must complete the 2025 PALS Instructor Update Course available on elearning.heart.org before teaching new course materials. PALS Instructors who also teach PEARS are encouraged, but not required, to complete the 2025 PEARS Instructor Update Course available on elearning.heart.org before teaching new course materials. • Training Centers and instructors may continue to use previous stock of 2020 products with the interim materials posted on Atlas through February 28, 2026. • Appropriate course completion cards must be issued for the course materials being used. If the 2020 PALS materials are used without the interim materials, the old card must be issued. If the interim materials or 2025 PALS materials are used, the new card must be issued. • Training Center Coordinators can obtain updated exams for 2025 Guidelines courses through ShopCPR.Heart.org or Atlas. • The PALS Course continues to have a mandatory Pre-course Self-Assessment (PSA) for all students to complete before their class date. Refer to the <i>PALS Instructor Manual</i> for details. • The 2025 PALS Course continues to offer a video prework option. In addition to the PSA, students will complete interactive video lessons before class so that instructors can focus on hands-on skills in person. This video prework option allows students to prepare before they arrive for class, resulting in a shorter agenda for the in-person classroom portion. However, a traditional PALS Course agenda is still available, for which students are required to complete only the PSA before class. • Instructors are strongly encouraged to complete the 2025 PALS Product and Course Orientation available on elearning.heart.org. The PALS Product and Course



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Orientation was created to aid instructors in understanding the new course design and teaching strategies.

- All PALS Instructors must have a current copy of the *PALS Instructor Manual* for the course being taught.