

Training Memo:

Basic Life Support Adult Continuous Compressions Materials



Date of Release	February 4, 2021
Purpose	To provide direction and information for teaching Continuous Compressions for Adult CPR during the 2020 Guidelines Basic Life Support (BLS) Provider Instructor-Led Training (ILT) Course.
General Information	The AHA has developed materials to support AHA BLS Instructors who need to incorporate Continuous Compressions for Adult CPR for healthcare providers whose local protocols include Continuous Compressions in 2020 Guidelines BLS Provider Courses.
Course Clarification	<p>New materials are available on the AHA Instructor Network for Instructors to use in teaching BLS courses for providers whose local protocols include Continuous Compressions during Adult CPR.</p> <p>Materials include the following:</p> <ul style="list-style-type: none">• BLS Adult Continuous Compressions CPR and AED Lesson Plan• BLS Adult Continuous Compressions CPR and AED Skills Testing Checklist• BLS Adult Continuous Compressions CPR and AED Skills Testing Critical Skills Descriptor
Course Information for Training Centers and Instructors	<p>Effective immediately, BLS Instructors teaching a BLS course for healthcare providers that perform Continuous Compressions in their local protocols for Adult CPR may use the new materials.</p> <ul style="list-style-type: none">• BLS Adult Continuous Compressions materials may be used by BLS Instructors.• These materials may be used for both practice and testing of Adult BLS skills.• These materials may be used instead of the BLS Adult CPR and AED Skills Testing Checklist. Instructors should determine which skills checklist to use for practice and testing.