

Instructor Essentials



The Instructor Essentials Course is designed to prepare Instructor Candidates to teach American Heart Association Instructor-led and Blended Learning courses. It educates Instructor Candidates on how to use Heart Association Instructor teaching materials, ensure that students meet learning objectives, offer student coaching skills, provide an objective skills performance evaluation, and follow Heart Association Instructor and course policies.

INSTRUCTOR ESSENTIALS ONLINE

Instructor Essentials Online is the self-directed, online portion of the Instructor Essentials Blended Learning Course. It includes two modules: Core and discipline specific.

The Core module covers the important steps that Heart Association Instructors must follow, including:

- Prepare
- Teach
- Test & Remediate
- Close
- Keep Current

It includes core information about instructing all Heart Association courses, important Instructor competencies, and program administration information. Discipline-specific Instructor Essentials courses are available for

- Basic Life Support (BLS)
- Advanced Cardiovascular Life Support (ACLS)
- Pediatric Advanced Life Support (PALS)
- Heartsaver® First Aid CPR AED

Training Centers must ensure completion of the online portion of the Instructor Essentials Course before conducting the in-person skills testing.

Blended Learning



The Instructor Essentials Course is taught in a Blended Learning format. The Heart Association Instructor Candidates must complete the online portion consisting of the Core module and discipline-specific module, followed by the hands-on session conducted by Training Center Faculty.



WHO SHOULD TAKE THE COURSE?

This course is mandatory for candidates who want to become an American Heart Association Instructor and for Heart Association Faculty who conduct Instructor Courses.

WHAT ARE THE PREREQUISITES FOR THE COURSE?

Before taking this course, Instructor Candidates must be aligned with a Training Center offering the discipline they wish to teach and that is accepting new Instructors. Candidates must have a completed Instructor Application on file with their accepting Training Center.

Training Center Coordinators should direct new Instructor Candidates to this course after accepting alignment with your Training Center.