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AHA Knowledge Booster

FAQ

This FAQ is updated as of May 21, 2026.

About the App

Q: What is the AHA Knowledge Booster?

A: The AHA Knowledge Booster is a quiz-based application that was created to reinforce critical CPR and emergency care information. Incorporating digital platforms and applying gamified learning can improve engagement and knowledge retention for students who have completed Heart Association training programs. It is a resource to retain and refresh the content learned in Heart Association courses. The app reflects the latest science from the *2025 American Heart Association Guidelines for CPR and Emergency Cardiovascular Care (ECC)*.

Users can choose topics appropriate for their level of knowledge.

- Healthcare Professionals: BLS, ACLS, and PALS
- Non-Healthcare Professionals: First Aid and CPR Basics.

Q: How much does the app cost?

A: Users can access any Pack at no cost. The user must create an account and select the desired Packs to subscribe to. The Packs are discussed below.

Q: Can the AHA Knowledge Booster be used as a replacement to a Heart Association course?

A: Using the AHA Knowledge Booster App does not replace a Heart Association course or produce an assigned eCard. It functions as a refresher activity to enhance your education retention over time.

Q: What content is featured in the updated app?

A: The app features trivia-based questions and resources that have been updated to reflect the *2025 American Heart Association Guidelines for CPR and ECC* as well as the *2025 Guideline for the Management of Patients With Acute Coronary Syndromes (ACS)*. The Packs mentioned below are featured in the app:

ACLS: Intended for advanced healthcare professionals and tests knowledge on important ACLS topics, including patient scenarios, rhythm recognition, pharmacology, ventilator reskilling, and more.



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BLS: is geared towards healthcare professionals and tests knowledge on important BLS topics, including CPR, with a focus on high-quality chest compressions, delivering ventilations, providing early use of an AED, and recognizing several other life-threatening emergencies.

PALS: is geared towards advanced healthcare professionals that focus on pediatric patients. It is focused on reinforcing important concepts including pediatric BLS, respiratory emergencies, shock, and cardiopulmonary arrest.

CPR Basics: The CPR pack contains quizzes for anyone trained in CPR & AED, reiterating important high-quality CPR skills, emergencies that could lead to the need to perform CPR, and using an AED in a safe, timely, and effective manner.

First Aid Basics: The First Aid Basics pack contains quizzes for the most common first aid emergencies, including how to recognize them, how to call for help, and how to perform other lifesaving skills.

Q: Are there special features in the mobile app?

A: Special features in the AHA Knowledge Booster include leaderboards to compare your success with other users as well as a discussion board to engage with others that are using the app. Various supplemental information based on the topics including the Heartsaver® Digital Reference Cards are also available. The app also features the ability to control sounds and music, as well as when push notifications and email reminders are sent to the user.

Q: How long does it take to complete the series of assessments?

A: The AHA Knowledge Booster assessments are self-paced and delivered in a specialized cadence. Each assessment or quiz is 4-6 questions long.

Q: Who should use the app?

A: This app is intended for everyone (healthcare professionals or non-healthcare) who have recently completed their Heart Association Provider Courses to help retain important concepts.

- Healthcare Professionals can use the app to keep knowledge current when they are between renewals or to use the app as a refresher when they are preparing for a renewal course.
- Lay people who want to keep their CPR and First Aid knowledge fresh in case of an emergency are also encouraged to use the CPR Basics and First Aid Basics packs.



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Accessing the App:

Q: How do I download the app?

A: Visit the Apple App Store or Google Play Store to download the AHA Knowledge Booster app. When the download is completed, you will be prompted to create an account. After your account is created, you will be sent a Magic Link to the email you signed up with. After clicking the Magic Link to confirm your account, you will be logged in and able to access the app.

Q: How do I retrieve access to the desired packs?

A: After downloading the app, navigate to the Library Tab to view the available Packs. There you will be able to view and select the Packs. Click on the Pack desired and select "Subscribe" to view the topics and quizzes within that Pack.

Q: Which app versions and browsers are recommended?

A: For optimal experience, please use the most recent version of iOS and Android software on your mobile device.

For the desktop version, please use Chrome, Safari, Firefox, or Opera when using the AHA Knowledge Booster for the most efficient user experience. Please note: functionality may be limited when using Internet Explorer and Edge. For best results, ensure your browser is updated to the latest version.

Q: How do I access the discussion boards?

A: The discussion board is accessible via the Discuss tab. To post, a user must assign a Topic to the post and select a Post Title.

Q: How do I access the leaderboard?

A: The leaderboard can be accessed at the top of the Play tab. Rankings can be viewed daily, weekly, monthly, and of all time.

Q: Can the AHA Knowledge Booster be played on the computer?

A: Yes, the AHA Knowledge Booster can be accessed and played on desktop, but you must first sign up using your email on the AHA Knowledge Booster mobile app on the Apple App Store or Google Play Store. Once a user has signed in and established an account on the AHA Knowledge Booster mobile app, they can then visit the desktop website and play that version.



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Previous Users:

Q: What is happening to the previous version of the app?

A: Those who had active subscriptions to the previous version of the AHA Knowledge Booster app will continue to have access now at no cost.

Trivie Support Information

Q: Who can I contact for app support?

A: Trivie, the app developer, will handle all support. Please direct all inquiries to the following email address: support@trivie.com.