

CPR in Schools Interactive Web-Based App Agenda (Optional)

Activity	Instructions
Room and equipment setup	- The space and equipment setup can remain the same as the CPR portion of the course. Make sure that all students can still see the screen. - Begin the activity with students sitting at their desks or in the back of the room.
Joining app and getting started	- To access the app and open it on your classroom's main screen, go to cprinschools.heart.org. - Have students join the activity by scanning the QR code on the main screen with their devices or entering cprinschools.heart.org in their device's browser. - If using the browser, students will need to enter the class code displayed on the main screen to join. - You can create student groups for the activity with or without Internet-connected devices: - If students are using Internet-connected devices, the app activity will automatically group students together and instruct them to find their teams. - Remind students that you never know who will be there to help you in an emergency, so teams are assigned randomly. - Each team should sit together on the floor facing the main screen, and they will need at least 1 manikin. - If students are <i>not</i> using Internet-connected devices, you will need to assign your students to groups of 2 or 3 and tell them to sit together. Use at least 1 manikin for each group.
Student device setup	- Once students are logged into the activity, they should place their devices on the floor in front of their manikin when they practice. - Tell students that their device cameras will monitor their skills but won't record anything during the activity. It is possible for students to still go through the activity without granting camera access on their personal devices. - Tell students that they should use their devices for this activity only. - Students should make sure that their devices do not lock so that they don't get logged out of the activity. If they do get logged out, they can rejoin where they left off by following the instructions that are visible at all times on the main screen. - When performing compressions, each student should be able to see their own face in the middle of their device screen.
Scenario 1: Chest compressions	Scenario summary: During this team activity, one student will perform 30 compressions while another student monitors their skills and provides feedback. Before starting the scenario - Tell students that they should look back and forth between their devices and the manikin while they're performing compressions. This will allow them to receive real-time feedback from the app in addition to their teammates' feedback. - Students will then switch roles. During the activity - Observe the activity, offer encouragement, and correct skills as needed. - Include feedback on hand position, compression depth, and compression rate. - Repeat this activity as needed to give each student a chance to practice each role.

Scenario 2: Teamwork	Scenario summary: During this team activity, each student will practice the skills involved in the steps leading up to CPR. Next, each team of 2 students will work together to perform chest compressions and use an AED. One student will perform chest compressions while the other operates the AED. Before starting scenario • Tell students that in this activity, each student will practice the skills involved in leading up to CPR. Then, they will work as a team, with one student performing chest compressions while the other operates the AED. • Students will then switch roles. Tell students to reset the AED simulator before switching roles so that the next student can practice using it. During activity • <i>Note:</i> The app will automatically advance slides during the AED activity whenever the AED prompts are used. You will only be able to pause and go back on slides that automatically advance. • Observe the activity, offer encouragement, and correct skills as needed. – Include feedback on hand position, compression depth and rate, correct AED pad placement, following the AED prompts appropriately, shouting “Clear!” and staying clear of manikin when appropriate. • Repeat this activity as needed to give each student a chance to practice each role.
Quiz	After students practice their CPR skills, they will take a 5-question quiz in the app to test their knowledge of CPR. The app will tell the students whether each answer is correct.
App badge	After the quiz When students finish the quiz, a completion badge will appear. • Students who are 13 years of age and older can claim the completion badge by entering their email addresses. • For classes with students younger than 13 years, select Skip on the main screen when you reach the completion badge portion of the app.
Conclusion	After completing the interactive web-based activity Choose one of the following options: • Option 1: Administer and review the CPR posttest (optional). – After the posttest, you can cover any desired first aid video topics (optional). • Option 2: Go directly to any desired first aid video topics (optional). Whichever option you choose, begin the end-of-course discussion with students when you’re done. End-of-course discussion • Encourage students to practice on a manikin after class. • Advise students that they should never practice chest compressions on a real person. – <i>Note:</i> Students get better at CPR through practice, and practice makes a real difference in learning CPR and boosting confidence for giving CPR in real life. Consider offering the course more than once, as a refresher. • Encourage students to share their knowledge with their friends and family to bring these lifesaving skills to more people. • Remind students that any CPR is better than no CPR. • Thank the students for their time, and congratulate them for completing the course. You can print course completion certificates from the course website and distribute them to your students.