

# A MEASURABLE IMPACT:

*How Take-Home CPR Training Helped Families of At-Risk Children*



*Read More Here!*

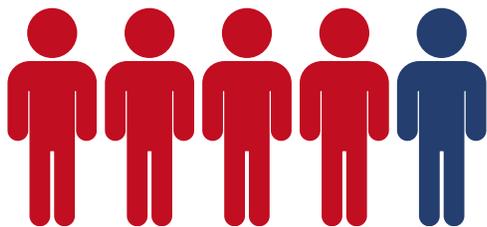
01

## Training lowered anxiety and increased confidence.

At-home training dramatically reduced anxiety levels for the majority of parents and contributed to a sense of control in a stressful situation. At 6 months, 67% of respondents reported being “somewhat” or “very confident” with CPR.



02



## Parents felt ready during real CPR.

5 subjects reported performing CPR after hospital discharge. 4 of the 5 victims survived resuscitation, neurologically intact. All five participants reported feeling equipped because of training from the self-instructional program.

03



## Training was shared around.

Families reported that they continued to review the kit after discharge and 79% disseminated it to other family members and friends.

## Families maintained their CPR knowledge.

82% of subjects reviewed the kit at least one more time post-discharge. 98% knew how to give and measure breaths after 6 months had passed.

04

