### Sample Agenda for PALS Course

**18 Students, 3 PALS Instructors  
Approximately 12 hours 30 minutes with breaks, 11 hours 40 minutes without breaks**

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| Day 1 | |
| 8:00-8:05 | **Course Introduction** |
| 8:05-8:25 | **Lesson 1:** CPR Coach and High-Performance Teams |
| 8:25-9:25 | **Lessons 2A and 2B:** BLS Testing Stations   * Child High-Quality BLS Test (30 minutes) * Infant High-Quality BLS Test (30 minutes) |
| 9:25-10:10 | **Lessons 3A-D:** Video Case Discussions   * Initial Assessment (5 minutes) * Primary Assessment (10 minutes) * Respiratory (10 minutes) * Shock (10 minutes) * Arrythmia (10 minutes) |
| 10:10-10:20 | **Break** |
| 10:20-10:40 | **Lesson 4A:** Learning Station: Airway Management |
| 10:40-12:20 | **Lesson 5:** Respiratory Case Scenario Practice (4) |
| 12:20-12:50 | **Lunch** |
| 12:50-1:10 | **Lesson 4B:** Learning Station: Vascular Access |
| 1:10-2:50 | **Lesson 5:** Shock Case Scenario Practice (4) |
| 2:50-3:10 | **Lesson 4C:** Learning Station: Rhythm Disturbances/Electrical Therapy |
| 3:10-4:00 | **Lesson 5:** Arrythmia Case Scenario Practice (2) |

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| Day 2 | |
| 8:00-8:15 | **Recap** |
| 8:15-9:05 | **Lesson 5:** Arrythmia Case Scenario Practice (2) |
| 9:05-10:20 | **Lesson 6:** Case Scenario Testing (3) |
| 10:20-10:30 | **Break** |
| 10:30-11:30 | **Lesson 7:** Exam |
| 11:30-12:30 | **Class ends and remediation** |