



Become a Heartsaver Today. | Visit [heart.org/heartsaver](http://heart.org/heartsaver)



New **Heartsaver** courses from the American Heart Association (AHA) are designed for anyone with little or no medical training who needs first aid and/or CPR training and a course completion card for job, regulatory (e.g., OSHA), or other regulatory or licensing requirements. The AHA's **Heartsaver Pediatric First Aid CPR AED Course** provides students the highest quality training in the lifesaving skills of first aid and/or CPR and use of an AED, with emphasis on emergencies that occur with children and infants. These courses empower students to act with confidence in the event of an emergency at work, home, or in the community.

#### Heartsaver courses:

- Prepare students for the most common types of first aid emergencies
- Equip them with CPR skills for adults, children, and infants
- Allows for flexible delivery, all with the most relevant AHA science and information



Learn it by Heart at [CPR.Heart.org/Heartsaver](http://CPR.Heart.org/Heartsaver)



#### Faster

Less course time and streamlined video than previous Heartsaver



#### Flexible

Two course paths within Heartsaver Adult & Pediatric First Aid CPR AED. More optional topics to customize training by audience



#### Quality

AHA is a leader in resuscitation science, education and training

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## COURSE COVERS

Child CPR and AED Use

Infant CPR

Choking in an Adult, Child or Infant

This course offers additional content topics focused on the on the first aid needs of **Babysitters** in addition to **Water Safety** providing general information for the best safety practices around water. The AHA also partnered with the national Stop The Bleed® campaign to provide students with comprehensive training on external bleeding.

**COURSE DELIVERY** Delivered in two formats to meet the needs of students and offer flexibility for instructors. All formats include the same learning objectives and result in the same course completion card.



INSTRUCTOR-LED

Instructor-led Training Heartsaver classroom courses feature group interaction and hands-on coaching and feedback from an AHA Instructor. Classroom courses may be conducted onsite at the company's location or at a local training center in your area.



BLENDED  
LEARNING

Blended Learning Heartsaver blended courses include an online portion and a hands-on portion. The online portion can be completed at work, at home, or wherever you have internet access. The hands-on skills practice and testing session is conducted in-person with an AHA BLS or Heartsaver Instructor.

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