**Outline for HeartCode ACLS Hands-on Skills (Option 2)**

**Approximate course duration: 4.75 to 5.75 hours (without breaks);   
student-to-instructor ratio for learning stations is 6:1**

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| --- | --- | --- | --- |
| **Lesson number** | **Course event** | **Duration (minutes)** | **Type of lesson** |
| **ACLS**  **START** | Welcome, Introductions, and Course Administration | 15 |  |
| **ACLS**  **1** | ACLS Course Overview and Organization | 10 |  |
| **ACLS**  **2** | Learning/Testing Station: High-Quality BLS | 45 |  |
| **ACLS**  **3** | Learning/Testing Station: Airway Management | 45 |  |
| **ACLS**  **4** | Technology Review | 15 |  |
| **ACLS**  **5** | Learning Station: High-Performance Teams: Megacode Practice  **(Lesson 9 in ACLS Lesson Plans)** | 138 |  |
| **ACLS**  **T2-T4** | High-Performance Teams: Megacode Testing and Megacode Testing Details | 12–75 |  |
| **ACLS**  **REM** | Remediation | Variable |  |