**Sample Agenda for ACLS Update Course Plus BLS Card\***

**12 Students, 2 ACLS Instructors; approximately 8.5 to 9.5 hours with breaks**

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| **Single day** |
| 8:30 **Welcome, Introductions, and Course Administration**8:45 **Lesson 1**: ACLS Course Overview and Organization8:55 **Lesson 1A:** Infant CPR and Bag-Mask Ventilation Practice\*9:10 **Lesson 1B:** Infant CPR Testing\*9:30 **Lesson 1C:** Adult/Child Choking\*9:35 **Lesson 1D:** Infant Choking\*9:40 **Lesson 1E:** BLS Exam |
| ***Divide classinto 2 groups*** | **Lesson 2**Learning/Testing Station:High-Quality BLS | **Lesson 2**Learning/Testing Station:High-Quality BLS |
| 10:10 | Group 1 | Group 2 |
| 10:55 Break |
| ***Divide classinto 2 groups*** | **Lesson 3**Learning/Testing Station:Airway Management | **Lesson 3**Learning/Testing Station:Airway Management |
| 11:10 | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***11:55 Lunch12:45 **Lesson 4**: Technology Review1:00 **Lesson 5**: High-Performance Teams |

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| ***Divide classinto 2 groups*** | **Lesson 6**Learning Station:High-Performance Teams: Megacode Practice(**Lesson 9 in ACLS Lesson Plans**) | **Lesson 6**Learning Station:High-Performance Teams: Megacode Practice(**Lesson 9 in ACLS Lesson Plans**) |
| 1:30 | Group 2 | Group 1 |
| 3:50 **Break** |
| ***Divide classinto 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details**Lessons T2-T4** | High-Performance Teams: Megacode Testing and Megacode Testing Details**Lessons T2-T4** |
| 4:00 | Group 1 | Group 2 |
| ***One large group (as students finish the Megacode Test)***5:15 **Exam (T5-T6)**6:00 **Remediation/Class Ends** |

\*See BLS Lesson Plans in the *BLS Instructor Manual*.