**Sample Agenda for ACLS Update Course Plus BLS Card\***

**12 Students, 2 ACLS Instructors; approximately 8.5 to 9.5 hours with breaks**

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| **Single day** | | |
| 8:30 **Welcome, Introductions, and Course Administration**  8:45 **Lesson 1**: ACLS Course Overview and Organization  8:55 **Lesson 1A:** Infant CPR and Bag-Mask Ventilation Practice\*  9:10 **Lesson 1B:** Infant CPR Testing\*  9:30 **Lesson 1C:** Adult/Child Choking\*  9:35 **Lesson 1D:** Infant Choking\*  9:40 **Lesson 1E:** BLS Exam | | |
| ***Divide class into 2 groups*** | **Lesson 2** Learning/Testing Station: High-Quality BLS | **Lesson 2** Learning/Testing Station: High-Quality BLS |
| 10:10 | Group 1 | Group 2 |
| 10:55 Break | | |
| ***Divide class into 2 groups*** | **Lesson 3** Learning/Testing Station: Airway Management | **Lesson 3** Learning/Testing Station: Airway Management |
| 11:10 | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***  11:55 Lunch  12:45 **Lesson 4**: Technology Review  1:00 **Lesson 5**: High-Performance Teams | | |

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| ***Divide class into 2 groups*** | **Lesson 6** Learning Station: High-Performance Teams: Megacode Practice  (**Lesson 9 in ACLS Lesson Plans**) | **Lesson 6** Learning Station: High-Performance Teams: Megacode Practice  (**Lesson 9 in ACLS Lesson Plans**) |
| 1:30 | Group 2 | Group 1 |
| 3:50 **Break** | | |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **Lessons T2-T4** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **Lessons T2-T4** |
| 4:00 | Group 1 | Group 2 |
| ***One large group (as students finish the Megacode Test)***  5:15 **Exam (T5-T6)**  6:00 **Remediation/Class Ends** | | |

\*See BLS Lesson Plans in the *BLS Instructor Manual*.