

CPR & First Aid

As of September 26, 2017

Q: What is the Infant CPR Anytime kit?

A: The Infant CPR Anytime Kit contains everything you need to learn the lifesaving skills of infant CPR and infant choking relief in about 20 minutes. These kits can be used at home or in hospital labor and delivery programs, including neonatal intensive care units, to teach skills to new parents.

Q: Who is the target audience for this course?

A: Infant CPR Anytime is intended for anyone who wants to learn infant CPR with the flexibility of a self-directed program. This kit is for people who do not need a course completion card for a job or other requirements. This course is ideal for community groups, new parents, grandparents, caregivers, and others interested in learning how to save a life.

Q: Specifically, what content is taught in Infant CPR Anytime?

A: Infant CPR Anytime teaches:

- Infant CPR
- Infant Choking Relief

Q: What is new or different about the Infant CPR Anytime kit?

A: The following changes have been made to the Infant CPR Anytime kit:

- New universal skin tone manikin
- Updated look and feel for box and other components

Q: Is there a written test that must be completed for Infant CPR Anytime?

A: No.

Q: Does successful completion of Infant CPR Anytime result in an AHA course completion card?

A: No. However, a certificate of participation is available to print from the CPR.Heart.org [website](#).

Q: Does Infant CPR Anytime offer continuing education (CE/CME) credits?

A: No.

Q: Approximately how long does Infant CPR Anytime take to complete?

A: The full course takes about 20 minutes to complete. Following are the approximate completion times for each module:

- Infant CPR (required): approximately 18 minutes
- Infant Choking Relief (required): approximately 4 minutes

Kit Materials

Q: What is included in the Infant CPR Anytime Kit?

A: Each kit contains:

- 1 bilingual (English/Spanish) Infant CPR Anytime DVD
- 1 Mini Baby® personal CPR manikin

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- 1 bilingual Skills Reminder Card
- 1 Mini Baby replacement lung
- Manikin wipes

Q: Can the Infant CPR Anytime DVD be purchased separate from the kit?

A: No.

Q: Can the Infant CPR Anytime DVD be used without the included manikin?

A: Skills are taught with the AHA's research-proven practice-while-watching technique, which allows for practice on a manikin while observing a demonstration of the skills in the video. The best training results will come from using the DVD and manikin together.

Facilitating Infant CPR Anytime Training

Q: Is an AHA Instructor or Facilitator needed to conduct training using the Infant CPR Anytime Kit?

A: No, CPR Anytime kits are designed to be self-directed. However, it is possible to conduct a Facilitator-led course. Facilitators can be anyone who wishes to help pass on lifesaving CPR skills. As a facilitator-led course, Infant CPR Anytime extends the availability of and access to training, so that more people can learn CPR and use their skills to act quickly in an emergency.

Purchasing Materials

Q: Where/how can I purchase Infant CPR Anytime kits?

A: Infant CPR Anytime kits can be purchased through our retail website, [Shop Heart](#), or from any of AHA's three product [Distributors](#) (Channing Bete, Laerdal, and WorldPoint).

Technical Issues

Q: Who should I contact if I have problems with Infant CPR Anytime kits?

A: Customers should contact [Shop Heart](#) or the AHA Distributor from whom they purchased kits.