

# Are Your Employees Prepared to Act in a Cardiac Emergency?

## GIVE THEM THE SKILLS THEY NEED TO SAVE A LIFE.

**Show your employees that their safety is one of your top priorities.** Cardiac arrest is one of the leading causes of death in the United States and can happen anywhere, including the workplace. In less than 20 minutes, the American Heart Association's CPR Anytime® all-in-one kits will teach your employees lifesaving skills of CPR, AED use and choking relief. About 90% of people who suffer out-of-hospital cardiac arrests die. CPR, especially if performed immediately, can double or triple a victim's chance of survival. Adult & Child CPR Anytime will empower your employees to act quickly and confidently in the event of a cardiac emergency.

### 3 EASY WAYS TO IMPLEMENT CPR ANYTIME IN THE WORKPLACE

#### 1 Employee Orientation

Include CPR training in your onboarding process and new-hire orientation. In just 20 minutes, the self-directed CPR Anytime® kit will teach your employees the lifesaving skills of CPR, AED use and choking relief. They can even take their kit home and share the skills with family and friends or refresh their skills at a later date. Giving this kit to new employees demonstrates you are committed to providing a safe workplace.

#### 2 Employee Wellness Program

Invest in the health of your employees by giving them a CPR Anytime kit at your next benefits fair or corporate fitness event. This kit can be incorporated easily into any employee wellness program to teach employees the basic skills of CPR, AED use and choking relief. Take a creative approach by inviting your employees to a lunch-and-learn session where they can practice on their personal manikin while watching the skills performed on the DVD.

#### 3 New Parents

Infant CPR Anytime® is the perfect way to say congratulations to new and expectant parent and families. Choking is one of the leading causes of death in infants and it is important it is for new parents and existing parents to know what to do when their infant chokes or stops breathing.

- The personal learning program teaches infant choking relief and infant CPR in the time it takes to watch your favorite television sitcom.
- The self-directed program allows learners to practice skills on their Mini Baby® manikin while watching the skills performed on the DVD.

Parents, families and caregivers can share the kit and learn in the comfort of their own home. Employees will be so thankful for this gift.

Call **1-800-270-2773** to be connected with an AHA Community CPR Manager in your area who can help you develop a program that is the perfect fit for your company's unique needs.

Or visit [shopheart.org/cpr-anytime](http://shopheart.org/cpr-anytime) for online ordering.

*Completing a CPR Anytime program does not result in an AHA course completion card, but it will give your employees skills that will last a lifetime. The AHA also offers classroom-based and blended learning options for employees needing AHA course completion cards in CPR or First Aid.*



**CPR ANYTIME®**

