

# **Don't Drive Yourself** **CALL 911**



For heart attack symptoms,  
***Call 911. And live.***



American  
Heart  
Association®

MISSION:  
LIFELINE®

[www.heart.org/missionlifeline](http://www.heart.org/missionlifeline)



## **AN AMBULANCE IS MORE THAN JUST A RIDE TO THE HOSPITAL**

With a heart attack, every second counts. Calling 911 starts your care sooner, which could save your life.

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### **ARRIVING BY AMBULANCE:**

- EMTs start your care as soon as they arrive
  - EMTs gather and send symptoms and vital signs to the hospital
  - EMTs perform an EKG and transmit to the hospital to prepare medical team for your arrival
  - EMTs administer oxygen and medications
  - EMTs are able to shock your heart and provide other treatments if conditions worsen
  - The admissions process is expedited for immediate care upon arrival
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### **ARRIVING BY CAR:**

- Delays immediacy of care because hospital staff must first assess your condition
- Delays registrations and admissions due to no advanced notice
- Increases heart muscle damage – saving time saves muscle
- Puts you at greater risk since no one is able treat you if conditions worsen
- Puts other drivers in danger should conditions become worse while driving

Get the treatment you need  
in the shortest amount of time.

***Call 911. And live.***