

Training Memo: Updated COVID-19 Guidance for Return to Full Skills Training



CPR & Emergency Cardiovascular Care

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| Date of Release | April 7, 2023 |
| Purpose | <p>The American Heart Association is providing updated guidance to Training Centers on resuming in-person classes and skills sessions for CPR, first aid, and emergency cardiovascular care training.</p> <p>This Training Memo replaces and supersedes the following Training Memos:</p> <ul style="list-style-type: none">• Updated Training Memo: Instructional Changes – issued July 1, 2020• Updated Training Memo: Heartsaver Courses – issued July 1, 2020 |
| General Information | <p>Per the US Centers for Disease Control and Prevention Centers for Disease Control and Prevention (CDC), “as we mark three years of the COVID-19 pandemic, cases, deaths, and hospitalizations have all been decreasing steadily. Much of the US population has some form of immunity, either through vaccination or previous infection.”</p> <p>This decline, coupled with the need to ensure the highest quality training and consistency with how education is delivered, has contributed to the AHA’s decision to resume full skills training.</p> |
| Information for AHA Training Centers and Instructors | <p>Effective June 1, 2023, all AHA Training Centers and Instructors should resume conducting in-person skills practice and testing in all CPR, first aid, and emergency cardiovascular care training following AHA’s course curricula outlined in the AHA Program Administration Manual (PAM) and AHA Instructor Manuals.</p> |
| Additional Information | <p>As always, the AHA’s chief concern is the health and safety of the AHA Training Network and those being trained.</p> <p>The AHA continues to advise all AHA Training Centers and Instructors to follow existing recommendations of the (CDC), as well as their local government or public health authority as they relate to actions around COVID-19. In accordance with the guidelines released by local government, AHA Training Center leadership should use discretion to evaluate the risk of disease transmission in their area before organizing any training events and take necessary precautions to avoid transmissions.</p> |