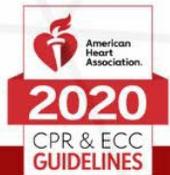


Training Bulletin: Basic Life Support (BLS) and Heartsaver® Instructor Renewal Requirement Update



Date of Release	May 22, 2025
Purpose	To provide updated information on additional courses that will count toward the BLS and Heartsaver Instructor renewal requirement and provide supporting resources.
General Information	<p>The American Heart Association has amended the BLS and Heartsaver Instructor renewal requirements to allow four (4) facilitated community courses to meet renewal requirements and obtain credits. A maximum of two (2) credits may come from the facilitated community courses. The 4 facilitated community courses are Family & Friends®, CPR in Schools® With First Aid, CPR & First Aid in Youth Sports™, and CPR & First Aid Anywhere. These community courses can be easily facilitated by anyone who wishes to share the lifesaving skills of CPR with others. The courses are video-led and include skills practice throughout the course. Skills are taught by using the AHA’s research-proven practice-while-watching technique, which allows participants to practice on a CPR training manikin while skills are demonstrated in the course video.</p> <p>The AHA has developed a new Facilitated Course Roster to support facilitation of CPR in Schools® With First Aid, CPR & First Aid in Youth Sports™, and CPR & First Aid Anywhere. Training Faculty will continue to use the Family & Friends Course Roster [Family & Friends Course Roster].</p> <ul style="list-style-type: none"> • This renewal requirement is effective July 1, 2025.
Requirements for Current AHA Instructors	<p>To renew current BLS Instructor status</p> <p>A BLS Instructor must successfully complete all requirements for a new Instructor or meet all of the following criteria:</p> <ul style="list-style-type: none"> • Maintain current provider status. You can do this by maintaining a current provider eCard or by demonstrating exceptional provider skills to a Training Faculty member and by successfully completing the provider exam. If you choose the demonstration route, successful completion must be documented on the Instructor/Training Faculty Renewal Checklist. A new provider eCard may be issued at the discretion of the Training Center or if you request one, but it is not required by the AHA. • Earn 4 credits during each 2 years of your Instructor recognition by doing any combination of the following: <ul style="list-style-type: none"> ○ Teach an Instructor-led BLS or Heartsaver class. (1 credit per course). All 4 credits can be earned this way.

- Conduct the hands-on skills session for a blended-learning course: HeartCode BLS hands-on session or Heartsaver hands-on session (1 credit per session day)
- Conduct BLS and AED skills testing during a Pediatric Advanced Life Support (PALS); Pediatric Emergency Assessment, Recognition, and Stabilization (PEARS®); or Advanced Cardiovascular Life Support (ACLS) class. (1 credit per course)
- Facilitate a course from the following and submit a completed roster to the aligned Training Center (maximum of 2 credits)
 - Family & Friends® class (1 credit per course)
 - CPR in Schools® With First Aid class (1 credit per course)
 - CPR & First Aid in Youth Sports™ class (1 credit per course)
 - CPR & First Aid Anywhere class (1 credit per course)
- Attend updates as required within the previous 2 years. Updates may address new course content or methodology and review Training Center, regional, and national ECC information.
- Be monitored while teaching before instructor status expiration. The first monitoring after the Instructor Essentials Course does not satisfy this requirement.

To renew current Heartsaver Instructor status

A Heartsaver Instructor must successfully complete all requirements for a new Instructor or meet all of the following criteria:

- Maintain current provider status by maintaining a current provider card or by demonstrating exceptional provider skills to Training Faculty and successfully completing the provider exam. If you choose the demonstration route, successful completion must be documented on the Instructor/Training Center Renewal Checklist.
- Earn 4 credits every 2 years of your Instructor recognition by doing any combination of the following:
 - Teach an Instructor-led Heartsaver course (1 credit per course)
 - Conduct the hands-on session of a Heartsaver Blended Learning course (1 credit per session day)
 - Facilitate a course from the following and submit a completed roster to the aligned Training Center (maximum of 2 credits):
 - Family & Friends® class (1 credit per course)
 - CPR in Schools® With First Aid class (1 credit per course)
 - CPR & First Aid in Youth Sports™ class (1 credit per course)
 - CPR Anywhere class (1 credit per course)

- Attend updates as required within the previous 2 years. Updates may address new course content or methodology and review Training Center, regional, and national ECC information.
- Be monitored while teaching before Instructor status expiration. The first monitoring after the Instructor Essentials Course does not satisfy this requirement.

There will be a separate Facilitated Course Roster to support these changes on the Course Information pages for Heartsaver and BLS on Atlas.