



# 2020 GUIDELINES

## NEWS FROM THE AMERICAN HEART ASSOCIATION

August 20, 2020

Dear US AHA Training Network,

As announced on July 1, 2020, the American Heart Association will publish the official *2020 American Heart Association Guidelines for CPR and Emergency Cardiovascular Care* (2020 AHA Guidelines for CPR and ECC) on Wednesday, October 21, 2020.

To keep our AHA Training Network updated on expectations for the Guidelines release, we are excited to make an historic announcement that truly embraces one of the [AHA's Guiding Values: Bringing Science to Life](#). In our most aggressive effort to date, and based on feedback from you, and from science and healthcare organizations across the US and the world, we are excited to inform you that we will be releasing new, updated courses and materials for **AHA healthcare provider training** immediately following the release of 2020 Guidelines. These courses and materials will include

- AHA's all-new Digital Resuscitation Portfolio:
  - HeartCode® and HeartCode Complete for BLS, ACLS/ALS, and PALS
  - RQI® (Resuscitation Quality Improvement®) for BLS, ACLS/ALS, and PALS
- eBooks and digital videos for BLS, ACLS, and PALS Provider Courses
- Updated Instructor-led training materials for BLS, ACLS, and PALS Provider Courses

### The Guidelines Cycle

Since 2017, the AHA has released annual "Focused Updates" to the AHA Guidelines for CPR and ECC to update our Training Network and providers on new science. For each of these Focused Updates, significant changes to courses and materials have not been required. However, with the full 2020 Guidelines release, the AHA will issue new courses and materials that not only include new and updated science, but also incorporate guidelines from the AHA Resuscitation Education Statement released in 2018.

### What to Expect: Pricing for 2020 Course Materials

Regarding pricing of the 2020 AHA materials for the healthcare courses listed above (BLS, ACLS, PALS), please know we are making every effort to balance the rising cost of production and materials by increasing efficiency through current and new technology. The AHA generally advises that you plan for a moderate increase on BLS, ACLS, and PALS printed materials, HeartCode programs, and RQI program subscriptions.

### 2020 Guidelines News

More information will follow in the coming weeks on AHA Instructor Updates, transition timelines, 2020 Guidelines launch events, and timing for additional courses and products (such as Heartsaver®) to be released. In the meantime, please visit the [Science & Guidelines page](#) on the AHA Instructor Network for the

latest news and resources for the AHA Training Network, and please share this information with those in your organization who need to stay abreast of the latest updates.

Thank you for your continued dedication, expertise, and passion. Our mission to save lives through CPR and ECC training is not possible without your work every day.

Sincerely,  
American Heart Association CPR & Emergency Cardiovascular Care