



2020 Interim Training: Heartsaver® Exam Changes

Purpose

These instructions will help you as a Heartsaver Instructor to update current (2015 Guidelines) Heartsaver exams with science from the *2020 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care*.

The Heartsaver interim training materials may be used to teach all Heartsaver courses beginning October 21, 2020. You must complete the 2020 Heartsaver Instructor Update online course by February 1, 2021.

Exam Changes

Note: This is the only time it is permissible to alter AHA exams. After printing the exam, before administering a 2015-science Heartsaver exam, please make the following changes on the exam to support the 2020 science updates.

First Aid Exam

No changes.

First Aid, Adult CPR AED Exam

No changes.

First Aid, Adult CPR AED, Child CPR AED Exam

Question Number	Required Change	2020 Science
A13/B15	Change answer choices to Version A D. Use 2 fingers, 2 thumbs, or the heel of 1 hand to push straight down at least one third the depth of the chest, or about 4 cm, at a rate of 100 to 120 compressions per minute. (Correct answer remains D.) Version B A. Use 2 fingers, 2 thumbs, or the heel of 1 hand to push straight down at least one third the depth of the chest, or about 4 cm, at a rate of 100 to 120 compressions per minute. (Correct answer remains A.)	Single rescuers may use 2 fingers, 2 thumbs, or the heel of 1 hand for infant compressions.

First Aid, Adult CPR AED, Infant CPR Exam

No changes.

First Aid, Adult CPR AED, Child CPR AED, Infant CPR Exam

No changes.

Adult CPR AED Exam

No changes.

Adult CPR AED, Child CPR AED Exam

No changes.

Adult CPR AED, Infant CPR Exam

No changes.

Adult CPR AED, Child CPR AED, Infant CPR Exam

Question Number	Required Change	2020 Science
A13/B2	<p>Change answer choices to</p> <p>Version A</p> <p>D. Use 2 fingers, 2 thumbs, or the heel of 1 hand to push straight down at least one third the depth of the chest, or about 4 cm, at a rate of 100 to 120 compressions per minute.</p> <p>(Correct answer remains D.)</p> <p>Version B</p> <p>C. Use 2 fingers, 2 thumbs, or the heel of 1 hand to push straight down at least one third the depth of the chest, or about 4 cm, at a rate of 100 to 120 compressions per minute.</p> <p>(Correct answer remains C.)</p>	<p>Single rescuers may use 2 fingers, 2 thumbs, or the heel of 1 hand for infant compressions.</p>

Pediatric First Aid CPR AED Exam

Question Number	Required Change	2020 Science
A26/B9	<p>Change answer choices to</p> <p>Version A</p> <p>D. Use 2 fingers, 2 thumbs, or the heel of 1 hand to push straight down at least one third the depth of the chest, or about 4 cm, at a rate of 100 to 120 compressions per minute.</p> <p>(Correct answer remains D.)</p>	<p>Single rescuers may use 2 fingers, 2 thumbs, or the heel of 1 hand for infant compressions.</p>

Question Number	Required Change	2020 Science
	<p>Version B</p> <p>A. Use 2 fingers, 2 thumbs, or the heel of 1 hand to push straight down at least one third the depth of the chest, or about 4 cm, at a rate of 100 to 120 compressions per minute.</p> <p>(Correct answer remains A.)</p>	