# Training Memo:
# 2020 AHA Guidelines HeartCode® PALS Course

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| **Original Date of Release** | **October 21, 2020** |
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| **Purpose** | To provide direction and information on updates to the 2020 AHA Guidelines HeartCode Pediatric Advanced Life Support (PALS) Course and training options for providers who need to complete PALS training. |
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| **General Information** | The HeartCode PALS Course has been updated to reflect new science and training recommendations in the 2020 AHA Guidelines for CPR and ECC.<br><br>HeartCode PALS is the online portion of PALS blended learning that prepares students for hands-on practice and testing of PALS skills. It uses a personalized adaptive algorithm that sets learners on the most efficient path to PALS mastery. Learners follow a continuously adapting learning path that is personalized by the learner's own inputs: Their performance, and their self-reported confidence level related to each probe. The course content is presented in the form of self-directed learning content, probes, and Cognitive Assessment Activities. After completing the eLearning component, students complete a hands-on skills session with an AHA PALS Instructor or on voice-assisted manikins that provide real-time audio and visual feedback. |
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| **Course Information for Training Centers and Instructors** | • Effective February 1, 2021, only 2020 AHA Guidelines PALS Provider Course materials can be used for conducting all PALS Provider Courses.<br>• PALS Training Centers and Instructors may continue to use previous stock of 2015 Guidelines version HeartCode PALS licenses and all PALS Interim Training Materials posted on the AHA Instructor Network through January 31, 2021.<br>• The Instructor-led hands-on skills session for HeartCode PALS can be conducted by current PALS Instructors. Instructors must complete the 2020 AHA Guidelines Instructor Update Course for PALS before conducting skills sessions. 2020 AHA Guidelines Instructor Updates are available through the AHA Instructor Network (login required).<br>• Appropriate course completion cards must be issued for the course materials being used. If 2015 Guidelines version HeartCode PALS is used, a 2015 PALS Provider eCard must be issued. If the new 2020 HeartCode PALS is used, a 2020 PALS Provider eCard must be issued.<br>• PALS Instructors are strongly encouraged to complete the PALS Product and Course Orientation (P&CO) available through the AHA Instructor Network (login required). The PALS P&CO was created to aid PALS Instructors in understanding the new course design and teaching strategies.<br>• It is also highly recommended that PALS Instructors become familiar with the HeartCode PALS online portion of the course prior to conducting hand-on skills sessions with students.<br>• The hands-on skills session for the HeartCode PALS Course can be conducted after successful completion of the online portion. The AHA does not require a timeframe for completing the skills session. |