**Heartsaver Pediatric First Aid CPR AED Agenda**

**for the Babysitter Course Path**

Approximate course path duration without optional topics: 3½ hours;

time may be extended with additional topics

Student-instructor ratio 6:1; student-manikin ratio 3:1

Lesson times are estimates and can vary from course to course.

|  |  |
| --- | --- |
| Lesson | Duration (in minutes) |
| **Child CPR AED** | |
| Lesson 1: Introduction | 5 |
| Lesson 2: Child CPR | 26 |
| Lesson 3: Using an AED (Child) | 12 |
| Lesson 4: Summary: Child CPR AED | 2 |
| Lesson 5: Child CPR Skills Test | 12 |
| Lesson 6: Choking in Children | 7 |
| Lesson 7: Water Safety | 2 |
| **Infant CPR** | |
| Lesson 1: Introduction | 2 |
| Lesson 2: Infant CPR | 20 |
| Lesson 3: Summary: Infant CPR | 2 |
| Lesson 4: Infant CPR Skills Test | 12 |
| Lesson 5: Choking in Infants | 11 |
| Lesson 6: Conclusion **(Delete if teaching Adult CPR AED)** | 2 |
| Break | 5 |
| **Adult CPR AED**  (**Optional**; if teaching all topics, add 79 minutes to course path duration) | |
| Lesson 1: Introduction | 5 |
| Lesson 2: Adult CPR | 26 |
| Lesson 3: Using an AED on an Adult | 15 |
| Lesson 4: Summary Adult CPR AED | 2 |
| Lesson 5: Adult CPR and AED Skills Test | 20 |
| Lesson 6: Drug Overdose (**Optional**) | **Topic not required**  (5 if added) |
| Lesson 7: Choking in Adults | 6 |
| Lesson 8: Conclusion | 2 |
| Break | 5 |
| **Pediatric First Aid** | |
| Lesson 1: Introduction | 7 |
| Lesson 2: First Aid Basics | 30 |
| Lesson 3: First Aid Basics Summary | 3 |
| Lesson 4: Medical Emergencies (Contains **optional** topics) | 24 for required topics  (60 for all topics) |
| Lesson 5: Medical Emergencies Summary | 3 |
| Lesson 6: Injury and Environmental Emergencies (Contains **optional** topics) | 22 for required topics  (50 for all topics) |
| Lesson 7: Injury and Environmental Emergencies  Summary | 2 |
| Lesson 8: Prevention Strategies (**Optional**) | **Topic not required**  (9 if added) |
| Lesson 9: Conclusion | 2 |