**Heartsaver Pediatric First Aid**

**Instructor-Led Course Agenda**

Approximate course path duration without optional topics: 2¾ hours;

time may be extended with additional topics

Student-instructor ratio 6:1; student-manikin ratio 3:1

Lesson times are estimates and can vary from course to course.

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| Lesson | Duration (in minutes) |
| **Pediatric First Aid** | |
| Lesson 1: Introduction | 7 |
| Lesson 2: First Aid Basics | 30 |
| Lesson 3: First Aid Basics Summary | 3 |
| Lesson 4: Medical Emergencies | 60 |
| Lesson 5: Medical Emergencies Summary | 3 |
| Lesson 6: Injury and Environmental Emergencies | 50 |
| Lesson 7: Injury and Environmental Emergencies  Summary | 2 |
| Lesson 8: Prevention Strategies | 9 |
| Lesson 9: Conclusion | 2 |