**Heartsaver First Aid CPR AED**

**Blended-Learning Course Outline (Virtual Classroom)**

**for the Heartsaver Total Course Path**

Approximate course path duration without optional topics: 2¼ hours;

time may be extended with additional topics

Student-instructor ratio 6:1; student-manikin ratio 3:1

Lesson times are estimates and can vary from course to course.

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| Lesson | Duration (in minutes) |
| Lesson 1: Introduction | 9 |
| Lesson 2: Adult CPR AED | 18 |
| Lesson 3: Adult CPR and AED Skills Test | 20 |
| Lesson 4: Child CPR AED | 13 |
| Lesson 5: Child CPR Skills Test | 12 |
| Lesson 6: Infant CPR | 15 |
| Lesson 7: Infant CPR Skills Test | 12 |
| Break | 5 |
| Lesson 8: Relief of Choking in a Responsive Infant | 2 |
| Lesson 9: First Aid  | 25 |
| Lesson 10: Conclusion | 2 |