



2020

**CPR & ECC
GUIDELINES**

Optional Topics Certificate

**has taken the optional topics marked below
as part of the American Heart Association**

Heartsaver® First Aid CPR AED Course

This certificate alone does not constitute successful completion of the Heartsaver First Aid CPR AED Course and does not replace the Heartsaver First Aid CPR AED course completion card.

An American Heart Association Heartsaver First Aid CPR AED course completion card must accompany this optional topic certificate for proof of course completion.

CPR AED

How to Help an Adult With a Drug
Overdose Emergency
Water Safety

First Aid Medical Emergencies

Breathing Problems (Asthma)
Choking in an Adult, a Child, or an
Infant
Fainting
Diabetes and Low Blood Sugar
Seizure

First Aid Injury Emergencies

Shock
Wounds (Bleeding From the Nose,
Bleeding From the Mouth, Tooth
Injuries, and Eye Injuries)
Penetrating and Puncturing Injuries
Amputation
Internal Bleeding
Concussions
Head, Neck, and Spine Injuries
Broken Bones and Sprains
Splinting
Burns and Electrical Injuries

First Aid Environmental Emergencies

Bites and Stings
Heat-Related Emergencies
Cold-Related Emergencies
Poison Emergencies

First Aid Prevention

Risks of Smoking and Vaping
Benefits of a Healthy Lifestyle
Preventing Illness and Injury

Instructor Name

Date Completed