Training Memo:
2020 AHA Guidelines HeartCode® BLS Course

Original Date of Release	October 21, 2020
Purpose	To provide direction and information on updates to the 2020 AHA Guidelines HeartCode Basic Life Support (BLS) Course and training options for providers who need to complete BLS training.
General Information	The HeartCode BLS Course has been updated to reflect new science and training recommendations in the 2020 AHA Guidelines for CPR and ECC. HeartCode BLS is the online portion of BLS blended learning that prepares students for hands-on practice and testing of BLS skills. It uses a personalized adaptive algorithm that sets learners on the most efficient path to BLS mastery. Learners follow a continuously adapting learning path that is personalized by the learner's own inputs: Their performance, and their self-reported confidence level related to each probe. The course content is presented in the form of self-directed learning content, probes, and Cognitive Assessment Activities. After completing the eLearning component, students complete a hands-on skills session with an AHA BLS Instructor or on voice-assisted manikins that provide real-time audio and visual feedback.
Course Information for Training Centers and Instructors	• Effective February 1, 2021, only 2020 AHA Guidelines BLS Provider Course materials can be used for conducting all BLS Provider Courses. • BLS Training Centers and Instructors may continue to use previous stock of 2015 Guidelines version HeartCode BLS licenses and all BLS Interim Training Materials posted on the AHA Instructor Network through January 31, 2021. • The Instructor-led hands-on skills session for HeartCode BLS can be conducted by current BLS Instructors. Instructors must complete the 2020 AHA Guidelines Instructor Update Course for BLS before conducting skills sessions. 2020 AHA Guidelines Instructor Updates are available through the AHA Instructor Network (login required). • Appropriate course completion cards must be issued for the course materials being used. If 2015 Guidelines version HeartCode BLS is used, a 2015 BLS Provider eCard must be issued. If the new 2020 HeartCode BLS is used, a 2020 BLS Provider eCard must be issued. • BLS Instructors are strongly encouraged to complete the BLS Product and Course Orientation (P&CO) available through the AHA Instructor Network (login required).The BLS P&CO was created to aid BLS Instructors in understanding the new course design and teaching strategies. • It is also highly recommended that BLS Instructors become familiar with the HeartCode BLS online portion of the course prior to conducting hand-on skills sessions with students. • The hands-on skills session for the HeartCode BLS Course can be conducted after successful completion of the online portion. The AHA does not require a timeframe for completing the skills session.