**Sample HeartCode® BLS Agenda Without Optional Lessons**

12 students, 2 BLS Instructors; student-instructor ratio 6:1; student-manikin ratio 3:1; total time: approximately 2 hours

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| Time | Lesson |
| 8:00-8:05 | **Lesson 1: Course Introduction** |
| 8:05-8:32 | **Lesson 2: Adult BLS**  Part 1: Scene Safety, Assessment, and Adult Compressions  Part 2: Pocket Mask  Part 3: 1-Rescuer Adult BLS  Part 4: Bag-Mask Device Part 5: 2-Rescuer Adult BLS |
| 8:32-8:42 | **Lesson 3: AED for Adults, Children, and Infants**  Part 1: AED Review  Part 2: AED |
| 8:42-8:45 | **Lesson 4: Special Considerations: Rescue Breathing** |
| 8:45-8:52 | **Lesson 6: 2-Rescuer Child CPR** |
| 8:52-9:07 | **Lesson 7: Infant BLS**  Part 1: Infant Compressions  Part 2: Bag-Mask Device for Infants  Part 3: 2-Rescuer Infant CPR |
| 9:07-9:15 | **Lesson 8: Relief of Choking**  Part 1: Adult and Child Choking  Part 2: Infant Choking |
| 9:15-9:17 | **Lesson 9: Conclusion** |
| 9:17-9:57 | **Lesson 10: Skills Test**  Part 1: Adult CPR and AED Skills Test  Part 2: Infant CPR Skills Test |
|  | **Lesson 11: Remediation\*** |

\*Remediation time will vary depending on need and number of students.