



Be the Beat™

HANDS-ONLY CPR



Be the Beat™

1. Call 911
2. Push hard & fast in the center of the chest



I'M CPR TRAINED



2 STEPS TO SAVE A LIFE



CPR SAVES LIVES



Be the Beat™



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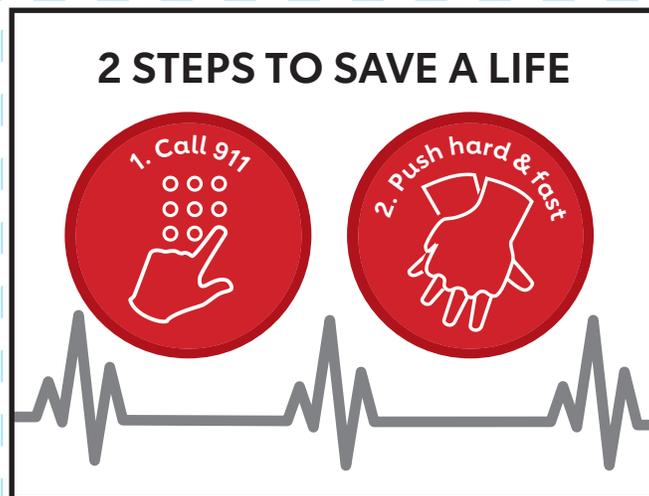


SAVE A LIFE



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