

## Pretest/Posttest Answer Key

- 1. A person has fallen and is bleeding from a cut on the leg. Where should you apply pressure to stop the bleeding?**
  - On the wound, under the dressings
  - Directly on the wound, over the dressings
  - On the nearest pressure point of the leg
  - On the side of the leg opposite the wound
- 2. What are the first signs of dehydration?**
  - Hyperactivity, sweat, hunger, and thirst
  - Sweat, sleepiness, thirst, and boredom
  - Weakness, thirst, dizziness, and confusion
  - Alertness, talking, hunger, and thirst
- 3. The first action to take for heat cramps is to have the person stop activity until he or she is completely cooled off.**
  - True
  - False
- 4. After phoning 9-1-1, what is the next step you take for a person with heat exhaustion?**
  - Have the person lie down in a cool place.
  - Keep the person in a comfortable position.
  - Ask the person, "Are you OK?"
  - Remove the person's clothing.
- 5. What are some signs that a person has heat stroke?**
  - Confusion
  - Vomiting
  - Seizures
  - All of the above
- 6. How do you help a person who is dizzy but is still responsive?**
  - Have the person sit up, give her water, and continue to observe her behavior.
  - Help the person lie flat, and seek medical help; if unresponsive, phone 9-1-1.
  - Phone 9-1-1, help the person lie flat, give water, and check for injuries.
  - Check for injuries, help the person lie flat, and phone 9-1-1.
- 7. If a person has low blood sugar, which of the following symptoms might be present?**
  - Irritability
  - Weakness
  - Confusion
  - All of the above
- 8. What is the most important first aid action you can take when a person is having a seizure?**
  - Check if the person needs CPR.
  - Get help for the person.
  - Protect the person from injury.
  - Hold the person down.
- 9. You notice a man who has been stung by a bee and is having difficulty breathing. Where should the epinephrine pen be injected into him?**
  - At the site of the bee sting
  - Into the thigh, halfway between the hip and knee
  - Into the lower leg
  - Into the arm, halfway between the shoulder and elbow
- 10. All concussions should be taken seriously.**
  - True
  - False
- 11. Which of the following symptoms might be a sign of a head, neck, or spine injury?**
  - Moaning or not responding
  - Vomiting, trouble seeing, or a seizure
  - Trouble walking or moving a part of the body
  - All of the above
- 12. What are some signs of a drug overdose?**
  - Shallow or slow breathing
  - No breathing or only gasping
  - Signs of the drug nearby
  - All of the above

**13. What causes alcohol poisoning?**

- Drinking small quantities of alcohol in a long period of time
- Drinking large quantities of alcohol in a short period of time
- Drinking small quantities of alcohol in a short period of time
- Drinking large quantities of alcohol in a long period of time

**14. What are some signs of life-threatening alcohol poisoning?**

- Vomiting or the inability to wake up
- Slow or irregular breathing
- Seizures or low body temperature
- All of the above

**15. What is the most preventable cause of death in the United States?**

- Smoking
- Cancer
- Diabetes
- Injuries

**16. What can you do to lead a healthy lifestyle?**

- Eat sweets and don't exercise
- Walk some and eat fried foods
- Exercise and eat healthy foods
- Eat healthy foods and don't exercise