

## HOW TO USE AN AED

**AUTOMATED EXTERNAL DEFIBRILLATOR** 



Push hard and fast in the center of the chest





Turn on the AED and follow the prompts



Scan the QR Code at left to learn more from a video demonstration on what an AED is and how to use it.

The automated external defibrillator (AED) is an electronic medical device. An AED can check a person's heart rhythm. It can recognize a rhythm that requires a shock. And it can advise the rescuer when a shock is needed. The AED uses voice prompts, lights and text messages to tell the rescuer the steps to take. AEDs are very accurate and easy to use. Anyone can operate an AED safely.