

CPR & First Aid Anywhere Training Kit



CPR & First Aid Anywhere Training Kit is designed to meet the needs of workplaces, community organizations, and universities and can be facilitated by anyone, anytime, anywhere. The kit contains everything needed to train 10 to 20 people at once in the lifesaving skills of CPR and first aid.



YOU WILL LEARN

- Hands-Only CPR and AED for Teens and Adults
- Adult CPR with Breaths
- Choking in Adults
- Child CPR and AED
- Choking in Children
- First Aid
 - Bleeding and bandaging
 - Stroke
 - Heart attack
 - Fainting
 - Diabetes
 - Seizures
 - Opioid overdose



HOW IT WORKS

Anyone can facilitate a CPR & First Aid Anywhere training session in less than one hour. During the training session, CPR and first aid skills are taught with the AHA's research-proven practice-while-watching technique. Participants will practice on a Mini Anne[®] Plus manikin while observing a demonstration of the skills in the video. The kit comes complete with a facilitator binder that contains the facilitator guide, lesson plans, pre-test and post-test, and additional materials.

KIT CONTENTS

The CPR & First Aid Anywhere Training Kit (AHA product 15-1082) includes:

- 1 wheeled carry bag
- 10 Mini Anne Plus inflatable manikins
- 10 kneel mats
- 10 individual carry bags
- 5 practice-while-watching training DVDs (code to access streaming video is also included)
- 1 hand pump for manikin inflation
- 2 mesh collection and storage bags
- 10 replacement airways
- 50 manikin wipes
- 10 replacement face masks
- 10 AED training simulators
- 1 facilitator binder that contains the Facilitator Guide, Lesson Plans, pre-test and post-test, and supplementary material

COURSE DELIVERY

Led by a facilitator in a group setting and can be repeated as many times as you want.

Learn More:

[Heart.org/CPRAnywhere](https://www.heart.org/CPRAnywhere)