

## **Prepare parents.** Saving a life is why.

As a trusted healthcare provider, families look to you for guidance and education on issues that affect the health and well-being of their children. The ability for bystanders to perform CPR or choking relief in a cardiac or respiratory emergency can mean the difference between life and death.

Adult & Child CPR Anytime<sup>®</sup> kits contain everything you need to learn the lifesaving skills of CPR, AED awareness, and choking relief in about 20 minutes in the comfort of your own home. The kits can also be used to train small groups and community organizations.

## **Course Content**

- Hands-Only CPR for adults; CPR with breaths for children
- Bilingual (English and Spanish) instructions, materials, and video to better serve more people
- A personal, inflatable Mini Anne® CPR manikin that clicks when you've pushed hard enough

## Link to an online video for a demonstration of Hands-Only CPR





Learn more about CPR Anytime kits at **shopheart.org/cpr-anytime** or to speak to a Community CPR Manager in your area, please call 1-877-AHA-4CPR.