

Change Notice

Heartsaver First Aid CPR AED Instructor Manual

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Print Page Number	Location	Original Text	Change	When Change Was Identified
21	Skills Testing Checklists and Critical Skills Descriptors > Understanding the Adult CPR and AED Skills Testing Checklist > Assessment and Activation > Script	Once the student sends someone to call 911, say, “I am going to call 911 and get the AED.” After the student checks for breathing, say, “The person is not breathing normally.”	Once the student sends someone to call 911, say, “I am going to call 911 and get the AED.”	12/19/25
25	Skills Testing Checklists and Critical Skills Descriptors > Understanding the Child CPR Skills Testing Checklist > Assessment and Activation > Script	After the student taps and shouts, say, “The person is unresponsive.” Once the student shouts for help, say, “No one is around to help.” After the student checks for breathing, say, “The person is not breathing normally.”	After the student taps and shouts, say, “The person is unresponsive.” Once the student shouts for help, say, “No one is around to help.”	12/19/25
53	Heartsaver CPR AED Instructor-Led Course Agenda > 2 nd column > 8 th row (Lesson 6 row), Water Competency and Drowning	Water Competency and Drowning • Water Competency and Drowning	Water Competency, Drowning, and Opioid Overdose • Water Competency and Drowning • Opioid-Associated Emergency	12/19/25
53	Heartsaver CPR AED Instructor-Led Course Agenda > 3 rd column > 8 th row (Lesson 6 row), Water Competency and Drowning	5	8	12/19/25
LP_Prt5 19	Adult CPR AED Lesson Plans > Lesson 6, Water	– The most likely cause of cardiac arrest for...	– The most likely cause of cardiac arrest for...	12/19/25

Print Page Number	Location	Original Text	Change	When Change Was Identified
	Competency and Drowning		<p>NOTE: Topic below is <i>only</i> to be taught for CPR AED course.</p> <p>Play Video</p> <ul style="list-style-type: none"> • Play Opioid Overdose. • Guiding question: <ul style="list-style-type: none"> – How do you administer naloxone? <ul style="list-style-type: none"> ▪ Hold the canister with your thumb on the bottom of the plunger and your pointer and middle fingers on either side of the nozzle. Insert the tip of the nozzle into the person's nostril and press the plunger. – After the video, remind students that naloxone may be found around public buildings, such as near a bleeding control kit or an AED. <p>Additionally, remind students that naloxone can usually be provided at low or no cost at their local health departments, pharmacies, or community foundations. Naloxone usually does not require a prescription.</p>	
LP_Prt5 52	First Aid Lesson Plans > Lesson 2, First Aid Basics > Students Practice: Responding to a First Aid Emergency > 1st bullet	<ul style="list-style-type: none"> • Have students pair up, with one student playing the role of the person who is not breathing normally and the other playing the rescuer. 	<ul style="list-style-type: none"> • Have students pair up, with one student playing the role of the person who is breathing normally and the other playing the rescuer. 	12/19/25
LP_Prt5 90	First Aid Lesson Plans > Lesson 9, First Aid > Students Practice: Responding to a First Aid	<ul style="list-style-type: none"> • Have students pair up, with one student playing the role of the person who is not breathing normally and the 	<ul style="list-style-type: none"> • Have students pair up, with one student playing the role of the person who is breathing normally and the other playing the rescuer. 	12/19/25

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	Emergency > 1st bullet	other playing the rescuer.		
LP_19	Adult CPR AED Lesson Plans > Lesson 6 > Update title	Water Competency and Drowning	Water Competency, Drowning, and Opioid Overdose	01/26/26
LP_19	Adult CPR AED Lesson Plans > Lesson 6 > Update lesson time	5 minutes	8 minutes	01/26/26