

Lay Rescuer Action Steps

Text in cascading boxes describes the steps to take action that a lay rescuer should perform in sequence to “Act Now. Save a Life.” Arrows guide rescuers from one box to the next as they perform the actions. Some boxes have 2 arrows that lead outward, each to a different box depending on the outcome of the most recent action taken. Pathways are linked.

Box 1

Unresponsive.

No breath, abnormal breathing (eg, gasping)

Box 2

Activate emergency response.

If possible, have another person proceed to [Box 3](#) while initial rescuer proceeds to [Box 4](#).

Box 3

Get AED. Proceed to [Box 5](#).

Box 4

Start CPR

- **Press hard. Press fast** in the center of the chest.

Continue until AED arrives, proceed to [Box 5](#).

Box 5

The AED arrives. Apply AED pads. Follow AED prompts. Resume CPR for 2 minutes.

Continue the cycle between [Box 4](#) and [Box 5](#).

If there's suspected opioid overdose, proceed to [Box 6](#).

Box 6

If suspected opioid overdose, give a dose of naloxone (if available). Resume CPR ([Box 4](#)).