Pediatric Basic Life Support Algorithm (Infants to Puberty) for Health Care Professionals—2 or More Rescuers

Text in cascading boxes describes the actions that 2 or more rescuers should perform in sequence during a pediatric cardiac arrest. Arrows guide the rescuers from one box to the next as they perform the actions. Some boxes have 2 arrows that lead outward, each to a different pathway depending on the outcome of the most recent action taken. Pathways are linked.

Box 1

Verify scene safety.

Box 2

- Check for responsiveness.
- Shout for nearby help.
- Activate the emergency response system.
- Send someone to get AED/defibrillator.

Box 3

Look for no breathing or only gasping and check pulse (simultaneously).

Is pulse **definitely** felt within 10 seconds?

If there is normal breathing and a pulse is felt, proceed to Box 3a.

If there is abnormal breathing but a pulse is felt, proceed to Box 3b.

If there is abnormal breathing and a pulse is not felt, proceed to <u>Box 5</u>.

Box 3a

Monitor until advanced care arrives.

Box 3b

Support ventilation

- Open the airway and reposition.
- Provide breaths, 1 breath every 2 to 3 seconds, or about 20 to 30 breaths per minute.
- Assess pulse rate after 2 minutes.
- If suspected opioid overdose, administer opioid antagonist (eg, naloxone) if available.

Box 4

Is heart rate less than 60 per minute with signs of poor perfusion despite oxygenation and ventilation? If Yes, proceed to Box 5.

If No, proceed to Box 4a.

Rox 4a

Continue providing breaths; check pulse every 2 minutes.

Proceed back to Box 4.

Box 5

Start CPR

- First rescuer performs cycles of 30 compressions and 2 breaths.
- When second rescuer returns, perform cycles of 15 compressions and 2 breaths.
- Use the AED/defibrillator as soon as it is available.
- If suspected opioid overdose, administer opioid antagonist (eg, naloxone) if available.

Box 6

Check rhythm. Is it a shockable rhythm?

If Yes, it is shockable, proceed to Box 7.

If No, it is nonshockable, proceed to Box 8.

Box 7

- Give 1 shock. Resume CPR immediately for 2 minutes (until prompted by the AED/defibrillator to allow a rhythm check).
- Continue until pediatric advanced life support professionals take over or the infant or child starts to move.

Box 8

- Resume CPR immediately for 2 minutes (until prompted by the AED/defibrillator to allow a rhythm check).
- Continue until pediatric advanced life support professionals take over or the infant or child starts to move.