

2010 AHA Guidelines Course Matrix

Courses for Healthcare Professionals

Course	Delivery Format	Content	Features & Benefits	Audience	Student Materials	Instructor Materials	Written Exam / Skills Session	Course Completion Card Type	Estimated Time	CME / CE Credit	Offered in Spanish
ADVANCED CARDIOVASCULAR LIFE SUPPORT (ACLS)											
ACLS for Experienced Providers (ACLS EP)	Instructor-Led Training	<ul style="list-style-type: none"> Applying the expanded systematic approach (ACLS EP Survey) to patient assessment, evaluation and management Cardiovascular Emergencies Cerebrovascular Emergencies Respiratory and Metabolic Emergencies Post—Cardiac Arrest Care Clinical Pharmacology and Toxicology Emergencies High Quality CPR Effective communication within a resuscitation team and recognition of the impact of team dynamics on overall team performance 	<ul style="list-style-type: none"> AHA's most advanced resuscitation course Expands on core ACLS guidelines and encourages critical thinking and decision-making strategies Features interactive, realistic, case-based scenarios to present material specific to experienced providers who routinely perform resuscitation Includes four learning stations: <ul style="list-style-type: none"> Cardiovascular Clinical Pharmacology and Toxicology Respiratory and Metabolic Post—Cardiac Arrest Care 	ACLS EP is for seasoned healthcare providers who are proficient in performing BLS and ACLS skills, reading and interpreting ECGs, and understanding ACLS pharmacology and who regularly lead or participate in emergency assessment and treatment of prearrest, arrest or postarrest patients (i.e., physicians, paramedics and emergency department or critical care nurses. Also, the Course Director may allow other professionals who are deeply involved in the field of resuscitation, including scientists, educators and researchers, to take the ACLS EP Course.	<i>ACLS EP Manual and Resource Text</i> (90-1075) ACLS EP Online Exam Key (90-1083)	ACLS EP DVD Set (90-1076) Includes: <ul style="list-style-type: none"> ACLS EP Instructor DVD-ROM of <i>ACLS EP Instructor Manual</i> ACLS EP Course Video DVD, also sold separately (90-1077) OR ACLS EP Instructor Package (90-1078) Includes: <ul style="list-style-type: none"> ACLS EP DVD Set <i>ACLS EP Manual and Resource Text</i> 	Written exam and skills test	ACLS EP (print or eCard)	Approx. 8 hours	Yes, for EMS students	No

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PEDIATRIC ADVANCED LIFE SUPPORT (PALS)											
PALS	Instructor-Led Training	<ul style="list-style-type: none"> 1-rescuer child CPR and AED use and 2-rescuer infant CPR Management of respiratory emergencies Rhythm disturbances and electrical therapy Vascular access Resuscitation team concept Cardiac, respiratory and shock case discussions and simulations Systematic Approach to Pediatric Assessment 	<ul style="list-style-type: none"> Simulated pediatric emergencies teach and reinforce the important concepts of a systematic approach to pediatric assessment, basic life support, PALS treatment algorithms, effective resuscitation and team dynamics. Emphasizes the importance of basic life support CPR to patient survival, the integration of effective basic life support with pediatric life support interventions, and the importance of effective team interaction and communication during resuscitation. 	PALS is for healthcare providers who respond to emergencies in infants and children. These include personnel in emergency response, emergency medicine, intensive care and critical care units, such as physicians, nurses, paramedics and others who need a PALS course completion card for job or other requirements.	<p><i>PALS Provider Manual</i> (90-1052)</p> <p>PALS Pocket Reference Card (90-1053)</p>	<p><i>PALS Instructor Manual</i> (90-1054)</p> <p>PALS DVD Set (90-1057)</p> <p>PALS Posters (90-1055)</p> <p>PALS Emergency Crash Cart Cards (90-1056)</p> <p>OR</p> <p>PALS Instructor Package (90-1058), includes:</p> <ul style="list-style-type: none"> <i>PALS Provider Manual</i> (90-1052) <i>PALS Instructor Manual</i> (90-1054) PALS DVD Set (90-1057) PALS Emergency Crash Cart Cards (90-1056) PALS Posters (90-1055) 	Written exam and skills test	PALS Provider (print or eCard)	<p>Full course: 14 hours, 10 minutes</p> <p>Update with all optional stations: 8 hours, 20 minutes</p> <p>Update without optional stations: 6 hours, 20 minutes</p>	Yes, for EMS students	Yes

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PEDIATRIC ADVANCED LIFE SUPPORT (PALS)											
HeartCode® PALS Part 1	Blended Learning (online portion, followed by hands-on session)	<ul style="list-style-type: none"> 12 pediatric, hospital-based, patient cases with up to four healthcare providers, presented through eSimulation technology Systematic approach to pediatric assessment Recognition and management of respiratory and shock emergencies Recognition and management of respiratory and cardiac arrest Immediate post-cardiac arrest care Effective communication 	<ul style="list-style-type: none"> Self-paced and accessible 24 hours a day Students assess and treat these pediatric patients virtually and receive real-time debriefing and coaching. Precourse Self-Assessment to gauge students' knowledge and application of ECG rhythm recognition and pharmacology Debriefings and coaching provided immediately after each simulation, with hyperlinks to the referenced section of the <i>PALS Provider Manual</i> Emphasis on effective code team leader skills Online access to the <i>PALS Provider Manual</i>, the <i>2010 AHA Guidelines for CPR and ECC</i> and the <i>2010 Handbook of Emergency Cardiovascular Care for Healthcare Providers</i> Provides access to all information in the course for 24 months (two years) after activation of course key 	For healthcare providers who respond to emergencies in infants and children. These include personnel in emergency response, emergency medicine, intensive care and critical care units, such as physicians, nurses, paramedics and others who need a PALS course completion card for job or other requirements and are seeking an alternative (nonclassroom) method for receiving a Course Completion Card.	HeartCode PALS (90-1052)	<i>PALS Instructor Manual</i> (90-1054) PALS DVD Set (90-1057)	Online portion, including written exam, followed by a structured, Instructor-led hands-on session.* Where available, hands-on session may be completed with a voice-assisted manikin.	PALS Provider (print or eCard)	Online portion: 6-9 hours Time to complete hands-on session varies	Yes	No

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PEDIATRIC EMERGENCY ASSESSMENT, STABILIZATION AND RECOGNITION (PEARS)											
PEARS®	Instructor-Led Training	<ul style="list-style-type: none"> Pediatric Assessment Recognition and management of respiratory problems Recognition and management of shock Recognition and management of cardiac arrest Resuscitation team concept 	<ul style="list-style-type: none"> Teaches providers how to recognize respiratory distress, shock and cardiac arrest and how to provide appropriate lifesaving interventions. Emphasizes the resuscitation team concept. 	PEARS is for healthcare providers such as emergency medical technicians (EMTs), medical and surgical nurses, school nurses and any other healthcare providers who see critically ill infants and children infrequently.	<p><i>PEARS Provider Manual</i> (90-1061)</p> <p>PEARS Pocket Reference Card (90-1052)</p>	<p><i>PEARS Instructor Manual</i> (90-1063)</p> <p>PEARS DVD Set (90-1064)</p> <p>PEARS Posters (90-1065)</p> <p>OR</p> <p>PEARS Instructor Package (90-1066), includes:</p> <ul style="list-style-type: none"> <i>PEARS Provider Manual</i> (90-1061) <i>PEARS Instructor Manual</i> (90-1063) PEARS DVD Set (90-1064) PEARS Posters (90-1065) 	Written exam and skills test	PEARS Provider (print or eCard)	<p>Full course (option 1 – following BLS Competency Lesson): 6 hours, 5 minutes</p> <p>Full course (option 2 – Team Dynamics Practice): 6.5 hours</p> <p>Update option 1: 5 hours, 20 minutes</p> <p>Update option 2: 6 hours, 10 minutes</p>	Yes, for EMS students	No

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Additional Courses for Healthcare Professionals

Course	Delivery Format	Content	Features & Benefits	Audience	Student Materials	Instructor Materials	Written Exam / Skills Session	Course Completion Card Type	Estimated Time	CME / CE Credit	Offered in Spanish
RHYTHM RECOGNITION											
ECG & Pharmacology	Instructor-Led Training (may also be conducted by an AHA Facilitator)	<ul style="list-style-type: none"> Basic electrophysiology Normal ECG measurements Basic Arrhythmias Administration of appropriate drugs within the ACLS algorithms Two modules: ECG and Pharmacology 	<ul style="list-style-type: none"> Designed and developed to address key gaps in ECG recognition and Pharmacology specific to cardiopulmonary emergencies Can be taught separately or combined into one course 	For healthcare professionals who participate in the management of cardiopulmonary arrest or other cardiovascular emergencies, including personnel in emergency response, emergency medicine, intensive care and critical care units such as physicians, nurses, paramedics, and others who require this specialized knowledge for their job.	<i>ECG & Pharmacology Student Workbook</i> (90-1069)	ECG & Pharmacology Instructor CD (90-1068)	Written exam	Students will receive a Certificate of Completion	ECG Module: approx. 3.5 hours; Pharmacology module: approx. 2.75 Together, approx. 6.25 hours	Yes, for EMS students	No
Learn:® Rhythm Adult	eLearning	<ul style="list-style-type: none"> Basic rhythm understanding Relationship between ECG strip and heart impulses Common arrhythmias Identifying and distinguishing various arrhythmias 	<ul style="list-style-type: none"> Improves decision-making skills in distinguishing specific cardiac rhythms and arrhythmias Allows healthcare providers to gain proficiency in ECG rhythm recognition in an effort to provide better patient treatment Self-paced learning, accessible 24/7 Provides students ability to assess their own skills throughout the course Convenient alternative to classroom-based training Access to course for 12 months from activation, allowing students to conveniently refresh knowledge 	For healthcare professionals who need basic rhythm recognition skills. This includes telemetry staff, and those preparing for ACLS, such as paramedics/EMTs, nurses, physicians, clinical pharmacists and respiratory therapists.	Learn: Rhythm Adult (90-1421)	None	Online exam	Students will receive a Certificate of Completion	Approx. 2.75 hours	Yes	No

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RHYTHM RECOGNITION											
Learn:® Rhythm Pediatric	eLearning	<ul style="list-style-type: none"> Basic pediatric rhythm understanding The relationship between the ECG strip and heart impulses Common pediatric arrhythmias Identifying and distinguishing various pediatric arrhythmias 	<ul style="list-style-type: none"> Improves decision-making skills in distinguishing specific cardiac rhythms and arrhythmias Allows healthcare providers to gain proficiency in ECG rhythm recognition in an effort to provide better patient treatment Self-paced learning, accessible 24/7 Provides students ability to assess their own skills throughout the course Access se for 12 months from activation, allowing students to conveniently refresh knowledge 	Learn: Rhythm Pediatric is for healthcare professionals who need basic pediatric rhythm recognition skills, along with telemetry staff and personnel in ambulatory care, neonatal and pediatric ICUs, students preparing for PALS and nurses and emergency medical services personnel seeking to earn continuing education credits.	Learn: Rhythm Pediatric (90-1423)	None	Online exam	Students receive a Certificate of Completion	Approx. 2.5 hours	Yes	No
STEMI											
STEMI Provider Manual with ECG ACS Ruler	Self-study booklet	<ul style="list-style-type: none"> Assessment, diagnosis and rapid treatment of ST-segment elevation myocardial infarction (STEMI) within the recommended 30-minute door-to-needle time and 90-minute door-to-balloon time Systems of care for STEMI Effective STEMI identification and treatment Acute coronary syndromes (ACS) pathophysiology. 12-Lead ECG section includes ECGs with annotations for self-study 	<ul style="list-style-type: none"> Supports AHA's Mission: Lifeline™, a national initiative to improve quality of care and outcomes in heart attack patients by improving healthcare systems' readiness and response to STEMI patients. Includes ECG ACS Ruler as a tool to help healthcare providers with reading and analyzing ECGs 	Intended for out-of-hospital healthcare providers, as well as emergency department personnel and other STEMI systems of care providers.	STEMI Provider Manual with ECG ACS Ruler (90-1067) Also sold separately: ECG ACS Ruler (80-1181)	None	Online exam	Students will receive a Certificate of Completion	Approx. 1.5 hours	Yes	No

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STEMI											
Learn® Rapid STEMI ID	Online, self-directed	<ul style="list-style-type: none"> Emphasizes immediate recognition and treatment of ACS STEMI Defines ACS and distinguishes STEMI from ECG mimics of STEMI Includes self-assessments: Naming the Leads; Regions of the Heart; Measuring ST Deviation; and Correlating Regional Changes Contains dynamic ECG Scope to measure ST-deviation 	<ul style="list-style-type: none"> Supports AHA's Mission: Lifeline™, a national initiative to improve quality of care and outcomes in heart attack patients by improving healthcare systems' readiness and response to STEMI patients. Self-paced learning, accessible 24/7 Improves decision-making skills with accurate differentiation of 12-lead ECG Improves appropriate patient triage and treatment Convenient alternative to classroom-based training Access to course for 12 months following activation of course key, allowing for student refresher options 	For healthcare professionals who want to improve their STEMI recognition and assessment skills or for healthcare professionals seeking continuing education credits.	Learn: Rapid STEMI ID Key (90-1415)	None	Online exam	Students will receive a Certificate of Completion	Approx. 5 hours	Yes	No

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Stroke											
Acute Stroke Online	eLearning	<ul style="list-style-type: none"> Stroke chain of survival 7 D's of stroke survival Definitions of ischemic and hemorrhagic stroke Pathophysiology Stroke risk factors Stroke recognition Stroke management Transition to critical care and rehabilitation 	<ul style="list-style-type: none"> 11 Checkpoint exercises with review questions Online test and evaluation Self-paced learning, accessible anytime Expands on the AHA Stroke Algorithm Access to course for 12 months allows for ongoing refresher 	Acute Stroke Online is for in- and out-of-hospital personnel, particularly experience healthcare providers who are involved in the care and treatment of suspected stroke victims	Acute Stroke Online (90-1425)	None	Online exam	Students will receive a Certificate of Completion	1-2 hours	No	No

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Courses for Lay Rescuers (workplace or anyone who needs a course completion card)

Course	Delivery Format	Content	Features & Benefits	Audience	Student Materials	Instructor Materials	Written Exam / Skills Session	Course Completion Card Type	Estimated Time	CME / CE Credit	Offered in Spanish
HEARTSAVER COURSES											
Heartsaver® Pediatric First Aid CPR AED	Instructor-Led Training	<ul style="list-style-type: none"> The Four Steps of Pediatric First Aid (Prevent, Be Safe, Phone 911, Act) Illnesses and Injuries Child and Infant Safety Checklist How Children Act and Tips for Interacting With Them CPR AED and Choking: <ul style="list-style-type: none"> CPR and AED for Children How to Help a Choking Child CPR for Infants How to Help a Choking Infant CPR and AED for Adults (optional) 	<ul style="list-style-type: none"> Designed to meet the regulatory requirements for child care workers in all 50 states (US) Skills are taught using AHA's research-proven Practice-While-Watching technique, which allows Instructors to observe students, provide feedback and guide students' acquisition of skills Ideal for learners who prefer group interaction and feedback from an Instructor while learning skills Each student receives the highest quality course materials to supplement their learning Skills practice and testing included during course to ensure students demonstrate competency performing skills 	This course is for those involved in child care who have a duty to respond to a first aid emergency because of job responsibilities or regulatory requirements. This audience includes child care workers, teachers, foster care workers, camp counselors, youth organizations and coaches for children's sports organizations. This course is also ideal for parents, grandparents, babysitters and guardians.	<i>Heartsaver Pediatric First Aid CPR AED Student Workbook</i> (90-1074) Includes: Heartsaver Pediatric First Aid CPR AED Quick Reference Guide (90-1073) Adult CPR & AED Reminder Child & Infant CPR & AED Reminder	<i>Heartsaver Pediatric First Aid CPR AED Instructor Manual</i> (90-1071) Heartsaver Pediatric First Aid CPR AED DVD set (90-1072) Stopwatch	Optional written exam available for Instructors to administer to students whose employers require completion of a written exam Skills practice and testing with AHA Instructor during course	Heartsaver Pediatric First Aid CPR AED	7-9 hours	No	No
Heartsaver® Bloodborne Pathogens	Instructor or Facilitator-Led	Students learn to: <ul style="list-style-type: none"> Protect themselves from exposure to bloodborne pathogens Act when exposed to blood or blood-containing materials in the workplace Clean themselves and the area when exposed to blood or blood-containing materials in the workplace Tell or report any exposure to blood or blood-containing materials in the workplace 	<ul style="list-style-type: none"> Ideal for learners who prefer group interaction and feedback from an instructor Content is based on the PACT acronym to reinforce critical learning points Designed to meet Occupational Safety and Health Administration (OSHA) requirements for bloodborne pathogens training when paired with site-specific instruction Available for first-time or renewal bloodborne pathogens training Each student receives their own high quality course materials 	Heartsaver Bloodborne Pathogens is designed for anyone with a reasonable chance of coming into contact with bloodborne pathogens such as correctional officers, childcare workers, security guards, maintenance workers, school personnel, hotel housekeepers, health and fitness club staff, tattoo artists	<i>Heartsaver Bloodborne Pathogens Student Workbook</i> (80-1491)	Heartsaver Bloodborne Pathogens Instructor Package (80-1492) Heartsaver Bloodborne Pathogens Posters (80-1502)	No	Students will receive a Certificate of Completion	1 hour	No	Yes

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HEARTSAVER COURSES											
Heartsaver® First Aid Online Part 1	Blended Learning (online portion, followed by hands-on session)	<ul style="list-style-type: none"> First aid basics (including scene safety, finding the problem, calling for help and more) Medical emergencies (including actions for choking, breathing problems, shock and more) Injury emergencies (including actions for bleeding, broken bones, burns and more) Environmental emergencies (including actions for bites and stings, and temperature-related and poison emergencies) 	<ul style="list-style-type: none"> Self-paced and available 24/7 Includes online content, interactive exercises and videos Certificate of completion available to print when Part 1 has been completed successfully Students have access to all information in the online program for 24 months following activation of their course key 	Heartsaver blended learning courses are for anyone with limited or no medical training who needs a course completion card in first aid and/or CPR AED to meet job, regulatory or other requirements and who are seeking an alternative to classroom-based training.	Heartsaver First Aid Online Part 1 (90-1400)	<i>Heartsaver First Aid CPR AED Instructor Manual</i> (90-1029) AND "Training Memo: Heartsaver eLearning Courses – Skills Practice and Skills Testing Requirements," posted on the AHA Instructor Network under Courses > Heartsaver eLearning Courses>Training Memos and Bulletins	Optional written exam available for Instructors to administer to students whose employers require completion of a written exam Hands-on skills practice and testing with an AHA Instructor	Heartsaver First Aid (print or eCard)	1-1.5 hours	No	No
Heartsaver® CPR AED Online Part 1	Blended Learning (online portion, followed by hands-on session)	<ul style="list-style-type: none"> Adult CPR AED (with a mask) Adult choking Optional modules: <ul style="list-style-type: none"> Child CPR AED Child Choking Infant CPR Infant choking 	<ul style="list-style-type: none"> Self-paced and available 24/7 Includes online content, interactive exercises and videos Certificate of completion available to print when Part 1 has been completed successfully Students have access to all information in the online program for 24 months following activation of their course key 	Heartsaver blended learning courses are for anyone with limited or no medical training who needs a course completion card in first aid and/or CPR AED to meet job, regulatory or other requirements and who are seeking an alternative to classroom-based training.	Heartsaver CPR AED Online Part 1 (90-1402)	<i>Heartsaver First Aid CPR AED Instructor Manual</i> (#15-3114) AND "Training Memo: Heartsaver eLearning Courses – Skills Practice and Skills Testing Requirements," posted on the AHA Instructor Network under Courses > Heartsaver eLearning Courses>Training Memos and Bulletins	Optional written exam available for Instructors to administer to students whose employers require completion of a written exam Hands-on skills practice and testing with an AHA Instructor	Heartsaver CPR AED (print or eCard)	30 minutes	No	No

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HEARTSAVER COURSES											
Heartsaver® First Aid CPR AED Online Part 1	Blended Learning (online portion, followed by hands-on session)	<ul style="list-style-type: none"> • First aid basics • Medical emergencies • Injury emergencies • Environmental emergencies • Adult CPR AED (with a mask) • Adult choking • Optional modules: <ul style="list-style-type: none"> ○ Child CPR AED ○ Child Choking ○ Infant CPR ○ Infant choking 	<ul style="list-style-type: none"> • Self-paced and available 24/7 • Includes online content, interactive exercises and videos • Certificate of completion available to print when Part 1 has been completed successfully • Students have access to all information in the online program for 24 months following activation of their course key 	Heartsaver online courses are for anyone with limited or no medical training who needs a course completion card in first aid and/or CPR AED to meet job, regulatory or other requirements and who are seeking an alternative to classroom-based training.	Heartsaver First Aid CPR AED Online Part 1 (90-1401)	<i>Heartsaver First Aid CPR AED Instructor Manual</i> (90-1029) AND "Training Memo: Heartsaver eLearning Courses – Skills Practice and Skills Testing Requirements," posted on the AHA Instructor Network under Courses > Heartsaver eLearning Courses>Training Memos and Bulletins	Optional written exam available for Instructors to administer to students whose employers require completion of a written test Hands-on skills practice and testing with an AHA Instructor	Heartsaver First Aid CPR AED (print or eCard)	1.5-2 hours	Yes	No

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Courses for Lay Rescuers (workplace or anyone who needs a course completion card)

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HEARTSAVER COURSES											
Heartsaver® Pediatric First Aid CPR AED Online Part 1	Blended Learning (online portion, followed by hands-on session)	<ul style="list-style-type: none"> Four Steps of First Aid (Prevent, Be Safe, Phone 911, Act) Pediatric first aid skills such as finding the problem, stopping bleeding, bandaging and using an Epinephrine pen Child CPR AED infant CPR Optional modules: <ul style="list-style-type: none"> Adult CPR AED Child mask infant mask Asthma Care Training for Child Care Providers 	<ul style="list-style-type: none"> Self-paced and available 24/7 Interactive exercises and videos Certificate of completion available to print when Part 1 has been completed successfully Online access to portions of the <i>Heartsaver Pediatric First Aid CPR AED Student Workbook</i> Printable <i>Heartsaver Pediatric First Aid CPR AED Quick Reference Guide</i> Online access to several AHA resources to aid in learning Students have access to all information in the online course for 24 months following activation of their course key 	The primary audience for this course is child care providers, child/day care workers, parents/grandparents, nannies and babysitters who need a course completion card to meet job or regulatory requirements and who prefer online/blended learning as an alternative to classroom-based training. This course is also appropriate for educators, teachers and the general public	Heartsaver Pediatric First Aid CPR AED Online Part 1 (90-1434)	<i>Heartsaver Pediatric First Aid CPR AED Instructor Manual</i> Heartsaver Practice and Testing (P&T) Lesson Maps, on the AHA Instructor Network at Courses>Heartsaver>Heartsaver eLearning Courses>Course Resources	Optional written exam available for Instructors to administer to students whose employers require completion of a written exam Hands-on skills practice and testing with an AHA Instructor	Heartsaver Pediatric First Aid CPR AED (print or eCard)	2.5 hours	No	No
Heartsaver® Bloodborne Pathogens Online	eLearning	Students learn to: <ul style="list-style-type: none"> Protect themselves from exposure to bloodborne pathogens Act when exposed to blood or blood-containing materials in the workplace Clean themselves and the area when exposed to blood or blood-containing materials in the workplace Tell or report any exposure to blood or blood-containing materials in the workplace 	<ul style="list-style-type: none"> Ideal for learners who prefer group interaction and feedback from an instructor Content is based on the PACT acronym to reinforce critical learning points Designed to meet Occupational Safety and Health Administration (OSHA) requirements for bloodborne pathogens training when paired with site-specific instruction Available for first-time or renewal bloodborne pathogens training Each student receives their own high quality course materials 	Heartsaver Bloodborne Pathogens is designed for anyone with a reasonable chance of coming into contact with bloodborne pathogens such as correctional officers, childcare workers, security guards, maintenance workers, school personnel, hotel housekeepers, health and fitness club staff, tattoo artists	Heartsaver Bloodborne Pathogens Online (80-1501)	None	No	Students will receive a Certificate of Completion	1 hour	No	No

2010 AHA Guidelines Course Matrix

Courses for General Community (family, friends and those who do not need a course completion card)

Course	Delivery Format	Content / Modules	Features & Benefits	Audience	Student Materials	Instructor/ Facilitator Materials	Written Exam / Skills Session	Course Completion Card Type	Estimated Time	CME / CE Credit	Offered in Spanish
COMMUNITY COURSES & PROGRAMS											
Family & Friends® CPR	Classroom-based	<ul style="list-style-type: none"> Adult Hands-Only CPR/AED/Choking Child CPR/AED/Choking Infant CPR/Choking 	<ul style="list-style-type: none"> Stand-alone modules can be taught together or separately for added flexibility Offers opportunity to learn basic CPR in a dynamic group environment with feedback from an Instructor or facilitator Uses AHA's research-proven Practice-While-Watching method to provide students with the most hands-on CPR practice time possible during the course Can be led by an AHA Instructor or a facilitator 	<p>Anyone who wants to learn CPR in an Instructor-led or facilitated group environment.</p> <p>Anyone who does not need a course completion card for a job or other requirements.</p> <p>A good option for middle- and high-school students who do not need a course completion card</p>	<i>Family & Friends CPR Student Manual</i> (90-1007)	Family & Friends CPR DVD with Facilitator Guide (90-1033)	None	None Tear-out participation card included in student manual	Adult Hands-Only CPR/AED/Choking: 25 minutes Child CPR/AED/Choking: 35 minutes Infant CPR/Choking: 30 minutes	No	Yes
Family & Friends® CPR Anytime®	Self-directed learning through personal kit	<ul style="list-style-type: none"> Adult Hands-Only CPR Child CPR (including breaths) Adult and child choking relief Use of an AED 	<ul style="list-style-type: none"> For those who prefer self-paced learning and independent practice Practice on your own manikin while watching skills demonstration on DVD Bilingual kit helps deliver training to more audiences Take-home kit provides for convenient skills refresher Kit can be shared to extend training to all family members and friends 	General public, specifically anyone who wants to learn basic CPR skills, choking relief and AED awareness, and does not need a course completion card	Family & Friends CPR Anytime Kit: Light Skin (90-1003) Brown Skin (90-1004)	None	None	None	20 minutes	No	Yes, kit is bilingual

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Courses for General Community (family, friends and those who do not need a course completion card)

Course	Delivery Format	Content / Modules	Features & Benefits	Audience	Student Materials	Instructor Materials	Written Exam / Skills Session	Course Completion Card Type	Estimated Time	CME / CE Credit	Offered in Spanish
COMMUNITY COURSES & PROGRAMS											
Infant CPR Anytime®	Self-directed learning through personal kit	<ul style="list-style-type: none"> • Infant CPR • Relief of choking in an infant • Calling for help 	<ul style="list-style-type: none"> • Self-directed, personal training kit • Includes everything needed to learn basic infant CPR and relief of choking • Co-branded with the American Academy of Pediatrics • Emphasis on CPR with breaths for infants • Includes personal manikin that clicks when you've pressed hard enough • Fully bilingual kit helps deliver training to more audiences • Take-home kit provides for convenient skills refresher • Kit can be shared to extend training to all family members and friends 	<p>New parents, grandparents, family members and anyone who wants to learn lifesaving infant CPR and choking skills but does not need a course completion card</p> <p>This kit also is used in hospital NICU and PICU programs to teach skills to new parents, while allowing nursing staff to focus on patient care</p>	Infant CPR Anytime Kit: Light Skin (90-1001) Brown Skin (90-1002)	None	None	None	20 minutes	No	Yes, kit is bilingual
CPR in Schools Training Kit™	Facilitated learning in school settings	<ul style="list-style-type: none"> • Adult Hands-Only CPR • Child CPR (including breaths) • Adult and child choking relief • Use of an AED 	<ul style="list-style-type: none"> • Durable and portable to enable training in school settings • Contains everything needed to facilitate a CPR in Schools training class for 10 students at once • Includes 10 Mini Anne Plus personal manikins • Fully bilingual to help deliver training to more audiences • Take-home kit provides for convenient skills refresher • Kit can be shared to extend training to all family members and friends 	<p>The kit was developed for educators, school nurses or even student leaders to train groups of 10 students at once in a school setting. The kit can also be used to train school faculty, staff, parents, volunteers and community members to extend the lifesaving skills into the community.</p>	CPR in Schools Training Kit	CPR in Schools Training Kit	None	None	Less than 30 minutes	No	Yes, kit is bilingual

Products Based on 2005 Guidelines

Courses for Healthcare Providers

Course	Delivery Format	Content	Features & Benefits	Audience	Student Materials	Instructor Materials	Written Exam / Skills Session	Course Completion Card Type	Estimated Time	CME / CE Credit	Offered in Spanish
AIRWAY MANAGEMENT											
Airway Management	Instructor or Facilitator-Led	Bag-mask ventilation and airway adjuncts <i>Optional:</i> <ul style="list-style-type: none"> Laryngeal mask airway Esophageal-tracheal tube Endotracheal tube Impedance threshold device 	<ul style="list-style-type: none"> Skills video demonstrations reinforce proper technique Simple course flow of skills demonstration, skills practice and skills testing The course units cover required topics and offer optional topics based on needs Video includes computer-generated animation 	Airway management provides training for healthcare providers whose occupation or volunteer activities require airway management skills and professionals in the field of resuscitation and airway management	<i>Airway Management Student Guide</i> (80-1464)	<i>Airway Management Facilitator Manual</i> (80-1465) Airway Management DVD (80-1455)	Skills testing occurs during instruction	Students will receive a Certificate of Completion	5 hours (with all optional modules)	Yes	No