

# Change Notice

## *Heartsaver First Aid CPR AED Student Workbook*

Print ISBN 978-1-61669-424-1, AHA Product Number 15-1018

eBook ISBN 978-61669-514-9, AHA Product Number 15-3117

<b>Print Page Number</b>	<b>Location</b>	<b>Original Text</b>	<b>Change</b>	<b>When Change Was Made</b>
71	Part 4: Poison Emergencies, in the section “Actions to Take for Scene Safety in a Poison Emergency,” sixth item in the table	If the scene is safe, get the first aid	If the scene is safe, get the first aid kit and AED.	At next printing or update after 4/4/2016
77	Part 6: First Aid Resources, in the section “Sample First Aid Kit”		{The content in Part 6 was replaced with the page in this attachment. Page 78 is now blank. }	At next printing or update after 6/10/2016
100	CPR and AED, in the section “Shout for Help,” second paragraph	If the child is unresponsive, shout for help (Figure 46).	If the child is unresponsive, shout for help (Figure 46). If you have a cell phone, phone 9-1-1 and put it on speaker mode.	At next printing or update after 6/10/2016
118	CPR and AED, in the section “Shout for Help,” second paragraph	If the infant is unresponsive, shout for help (Figure 58).	If the infant is unresponsive, shout for help (Figure 58). If you have a cell phone, phone 9-1-1 and put it on speaker mode.	At next printing or update after 6/10/2016

# Part 6: First Aid Resources

## Sample First Aid Kit

Below is a sample list of contents for a first aid kit. This kit follows the standard of the Occupational Safety and Health Administration (OSHA). Different workplaces may have different requirements. The American National Standards Institute (ANSI) and the International Safety Equipment Association (ISEA) also have a standard for contents of first aid kits, available at [ansi.org](http://ansi.org).

The contents listed below are enough for small workplaces with about 2 or 3 employees. Larger workplaces need more first aid kits or extra supplies.

1. Gauze pads (at least 4 × 4 inches)
2. Two large gauze pads (at least 8 × 10 inches)
3. Box of adhesive bandages
4. One package of gauze roller bandage, at least 2 inches wide
5. Two triangular bandages
6. Wound cleaning agent, such as sealed, moistened towelettes
7. Scissors
8. At least 1 blanket
9. Tweezers
10. Adhesive tape
11. Latex gloves
12. Resuscitation equipment, such as a pocket mask
13. Two elastic wraps
14. Splint
15. Directions for requesting emergency assistance (including list of important local emergency telephone numbers, such as police, fire department, EMS, and poison control center\*)
16. Heartsaver First Aid Quick Reference Guide\*

\*Items marked with an asterisk are in addition to those listed in the OSHA 1910.266 App A standard.