HEARTSAVER® TRAINING COURSES

- First Aid
- CPR AED
- Pediatric First Aid CPR AED
- Bloodborne Pathogens

Is your workforce prepared to respond to a workplace cardiac or first aid emergency?

New research says 50% may not be.

The American Heart Association (AHA) is the nation’s oldest and largest voluntary organization dedicated to fighting heart disease and stroke. Founded over 90 years ago, our organization now includes more than 22.5 million volunteers and supporters.

Our mission is to train every person in CPR, and we know from experience that Heartsaver® products deliver a great foundation for CPR training.

AHA courses are intended for anyone with little or no medical training who needs a course completion card for job, regulatory (OSHA), or other requirements.

Heartsaver provides training for a broad range of industries including construction, manufacturing, oil and gas, utilities, security, transportation, restaurants, day care providers, and anyone who wants to be prepared for an emergency.

Why Choose American Heart Association HEARTSAVER Training?

Leader in Resuscitation Science & CPR/ECC and Publisher of the Guidelines

Survey results show that one of the most important factors in selecting a First Aid CPR AED provider is training that is based on the latest scientific research. The AHA partners with leading heart and health organizations around the world to gather and review resuscitation science and publish the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care, which serves as the basis for our training courses that bring lifesaving science to life.

Source: 2017 AHA with BLR Media

Learn it by Heart at heart.org/workforcetraining
Network of Training Centers

We offer the convenience and flexibility of course availability at over 3,000 Training Centers. AHA courses are taught by a network of 400,000 American Heart Association Instructors and available in multiple languages. AHA helps 18 million healthcare providers, caregivers and community members save lives each day.

Go to www.heart.org/cpr and click on Find a Course.

OSHA-Approved Training Courses

The top three reasons companies offer First Aid CPR AED training to employees are:

- We are committed to our employee’s safety.
- It feels like the right thing to do.
- Training is required for OSHA or other regulatory compliance.

The Occupational Safety and Health Administration (OSHA) and the AHA work together to raise awareness about safety and health to prevent injuries, illnesses, and fatalities in the workplace through safety and wellness programs.

*Source: June 2017 Safe and Sound Week

Why Learn CPR?

Heartsaver training helps companies commit to impacting employee and customer safety by empowering them to save lives. Each year, more than 350,000 out-of-hospital cardiac arrests occur in the United States.

- Almost 90 percent of people who suffer out-of-hospital cardiac arrests die.
- 70 percent of out-of-hospital cardiac arrests happen in homes.
- Only about 46% of people who experience an out-of-hospital cardiac arrest get the immediate help that they need before professional help arrives.

Source: 2017, AHA Mediagenic Survey Results; 2017, AHA with Edelman Intelligence; 2017, AHA with BLR Media; Postgrad Medical Journal, October 2007

Heartsaver courses are delivered in two formats to meet the needs of students and offer flexibility for Instructors.

Classroom courses feature group interaction and hands-on coaching and feedback from an AHA instructor. Use Find a Course for a simple and convenient way find a course near you.

The Heartsaver blended learning opportunity allows students to move through the course at their own pace. The blended course includes an online portion and hands-on skills session which can be scheduled at your local training center.

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