### How to Perform Child and Infant CPR

If a child or an infant's heart stops, you should provide compressions with breaths.



## Step 1

Make sure the scene is safe.

Check to see if the child or infant is awake and breathing normally.

# Step 2

Shout for help.

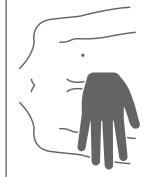
If you're alone and have a phone, call 9-1-1 and perform CPR with 30 compressions and then 2 breaths.



If help is available, phone 9-1-1. Send someone to get an AED while you start CPR.

# Step 3

Provide CPR with compressions and breaths.



#### ■ Child CPR

Push on the middle of the chest 30 times at a depth of 2 inches with 1 or 2 hands.

Provide 30 compressions and then 2 breaths. Repeat cycles.



### **■** Infant CPR

Push on the middle of the chest 30 times at a depth of  $1\frac{1}{2}$  inches with 2 fingers.

Provide 30 compressions and then 2 breaths. Repeat cycles.

Use the AED as soon as it arrives. Continue CPR until EMS arrives.

Learn CPR. Save a Life.

heart.org/CPRAnytime